



Ladakh eyes highest cricket stadium feat in 11,800 Ft

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Sukanta Majumdar Warns Against Extortion and Corruption Within Party Ranks

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Morning India

Red & Gold blasts sink Mariner's ship; East Bengal smashes Mohun Bagan 4 – 1 in Durand final

East Bengal owns Durand Cup in style



Defence Minister Rajnath Singh presents the Durand Cup to the East Bengal players at the Salt Lake Stadium in Kolkata on Sunday. East Bengal won the 135 th edition of the Durand Cup as they defeated arch rival Mohun Bagan 4 - 1 in the Durand Cup final to win their 17 th title.

MI News Service, Kolkata: The first match of the Durand Cup and the last match of Durand Cup this year experienced the same age-old jaw dropping Kolkata derby with different results. In the opening match Mohun Bagan did beat arch rival East Bengal 1 – 0. But the second derby which turned up to be the Durand final itself was just too much for the Mariners to handle.

At the near full-packed Salt Lake stadium on Sunday, East Bengal trampled Mohun Bagan 4 – 1 to exact revenge of their first defeat in the Durand Cup. This scintillating 4 – 1 victory over Mohun Bagan gave the century old club their 17 th Durand Cup title. Bipin drew the first blood for the Red and Gold Brigade in the 10th minute. Edmund made it 2 – 0 barely two minutes later. Edmund scored further in the 22 nd minute to make it 3 – 0 for the torchbearers to silence the Mariners. Manvir Singh's goal in the 33rd minute reduced the margin to 3 – 1 and gave a glimmer of hope to the Mariners. But Edmunds hattrick in the 44 th minute made it 4 – 1 for East Bengal and eventual-

ly sealed the fate of this year's Durand Cup. The second half remained goalless as the match ended 4 – 1 in favour of East Bengal to give East Bengal's 17 th DSurand Cup title that too defeating arch rivals Mohun Bagan by a big margin as good as 4 – 1. Hence, the long wait is finally over. East Bengal had their best of times and the worst of times for years until they got hold of first ever Indian Super League (ISL) Title last season. That seems to be the turning point for the red and gold brigade. East Bengal started this season with Durand cup with a loss in opening match. Incidentally that was yet another Kolkata Derby. Mohun Bagan defeated East Bengal 1 – 0. After that it was the story of grit and typical East Bengal mentality. Later in the Cup, East Bengal did beat CISF 8-0 and Southern United 5-0. In the quarterfinal East Bengal struggled to beat Indian Army Football Team (IAFT) 1 – 0. In the semifinal East Bengal defeated Delhi SC 5-3 in penalty shoot-out. Finally it was a much deserving 4 – 1 victory for the Red and gold Brigade against their arch rivals Mariners.

AJIT DOVAL to hold India-China boundary talks

MI News Service, New Delhi: National Security Advisor Ajit Doval will travel to Beijing on Monday for the 25th round of India-China Special Representatives (SR) talks on the boundary issue with Chinese Foreign Minister and his counterpart Wang Yi, officials said.

Doval and Wang are scheduled to hold the talks on Tuesday as part of the dialogue mechanism established in 2003 to address the 3,488-km India-China boundary dispute.

Although the mechanism has not resolved the boundary question, officials on both sides view it as an important channel for managing tensions and keeping communication open.

The talks come ahead of Chinese President Xi Jinping's expected visit to India for the BRICS summit in New Delhi on September 12-13. While there has been no official confirmation of Xi's visit, officials remain hopeful that he will attend, potentially providing an opportunity for a meeting with Prime Minister Narendra Modi on the sidelines of the summit.

Modi and Xi last met in August last year on the sidelines of the Shanghai Cooperation Organisation summit in Tianjin.

Ahead of the Doval-Wang



National Security Advisor Ajit Doval.

talks, External Affairs Minister S Jaishankar on Saturday stressed that peace along the border is essential for improving bilateral ties with China.

"I think we went through a particularly bad patch between the summer of 2020 and the autumn of 2024, and that was primarily an outcome of the situation in the border areas," Jaishankar said at the Economic Times World Leaders Forum in New Delhi.

"At the end of the day, peace and tranquillity in the border areas is a prerequisite for good relations, and the state of the border, to a very large measure, naturally would determine the state of the relations," he said.

His remarks came amid re-

ports of increased Chinese military activity in Arunachal Pradesh's Upper Subansiri region in recent weeks.

China's Foreign Ministry spokesman Guo Jiakun said on August 12 that the situation along the China-India border was "generally stable at the moment".

Referring to the 36th meeting of the Working Mechanism for Consultation and Coordination on China-India Border Affairs, Guo said, "The two sides agreed to maintain communication via diplomatic and military channels and jointly uphold peace and tranquillity in the border areas".

External Affairs Ministry spokesperson

Randhir Jaiswal ● Continued to Pg 3

ASHOK LAHIRI bats for land to end industry deadlock

MI News Service, New Delhi/Kolkata: Niti Aayog vice-chairman Ashok Lahiri on Saturday said large tracts of land were crucial for Bengal to attract large-scale and heavy industries, even if it meant considering limited conversion of multi-crop agricultural land for industrial use.

Land availability remains a key bottleneck for industry in the state. Bengal has around 55.77 lakh hectares of cultivable land, according to data disclosed by the agriculture ministry in Parliament earlier this month. However, small landholdings and high cropping intensity make large-scale acquisition difficult. Speaking at a Bengal Business Council session, Lahiri said converting even 1 to 2 per cent of agricultural land for industry could significantly boost Bengal's economic development. The former chief economic adviser said the Singur episode had left a lasting impression on industry.

During his visit, Shah held meetings on a slew of issues about the state and the Siliguri corridor, a strategic area in the Indian subcontinent, including security, law and order and public welfare, four helpines launched for the people, and hill issues. He also attended public events. Shah also wrote on social media on Friday: "The West Bengal government is making rapid progress in areas affected by the former leftist extremist influence, transforming security camps into public convenience centers, monitoring and hearing all major cases of electoral violence, and implementing anti-drug campaigns, as well as cracking down on the smug-

RAJNATH unveils Rs 3,500 Cr Bengal shipbuilding push

MI News Service, Kolkata: Defence minister Rajnath Singh on Sunday virtually laid the foundation stone for five brown-field expansion projects of the Garden Reach Shipbuilders and Engineers (GRSE) and Yantra India Ltd from Kolkata, with Bengal chief minister Suwendu Adhikari accompanying him during the foundation-laying ceremony.

The projects comprise three facilities of GRSE and two of Yantra India.

Speaking on the occasion, Singh said the foundation was laid for five projects worth nearly Rs 3,500 crore in Bengal.

"The state will take steps to usher in a new renaissance of development. The news of closures and lockouts of factories in West Bengal has now been replaced by the launch of new projects," he said.

"India is capable of becoming a global shipbuilding hub. There is a vacuum occurring in the global shipbuilding industry, and India can capture this opportunity," he said.

As part of its capacity expansion, GRSE has signed lease agreements with the Syama Prasad Mookerjee Port, Kolkata (SMPK) for two small shipyards on either bank of the Hooghly, along with a 32-acre riverside



West Bengal Chief Minister Suwendu Adhikari attended the "Bhoomi Pujan" ceremony for various infrastructure projects of GRSE Ltd and Yantra India Ltd in Kolkata, in the presence of Defence Minister Rajnath Singh on Sunday.

property at Raichak, to enhance its capabilities in warship construction and refit, a company official said.

"These projects will strengthen the capabilities of GRSE, while supporting the revival of West Bengal's industrial ecosystem through employment gen-

eration and increased opportunities for ancillary industries, particularly MSMEs," he said.

Speaking at a programme of the Garden Reach Shipbuilders and Engineers (GRSE) here, Suwendu Adhikari said Bengal's "double-engine government" will now ensure the state's de-

velopment.

"Previous governments in Bengal did not work with the Centre for development of the state. The negativity of 50 years has ended, and our double-engine government will now ensure that the state advances," he said.

AMIT SHAH praises SUVENDU'S 100-day-old govt

MI News Service, Siliguri: Union home minister Amit Shah has praised, verbally and on social media, chief minister Suwendu Adhikari's 100-day-old government during the former's three-day visit in and around Siliguri.

Shah said: "The new BJP government in Bengal had "finished almost 43 per cent of the work promised by the party in its election manifesto published ahead of the Assembly polls."

Shah's appreciation, however, comes at a time when the Suwendu government is facing incidents like the violence in Jadavpur University, the attack on a Cockroach Janta Party supporter which led to his father's death in Bankura, the rape and murder of a minor girl in Baruipur followed by the encounter killing of one of the accused, and women's protests across Bengal over the alleged denial of the Annapurna Yojana benefit.

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Home Minister Amit Shah, West Bengal CM Suwendu Adhikari at Siliguri.

gling of animals, weapons, and counterfeit currency across the border, among other security and public welfare initiatives."

"These initiatives will prove to be a milestone in strengthening good governance and security in Bengal in the coming days," he added.

After assuming office, Suwendu announced four helpines to act on complaints pertaining to cut money, illegal syndicates, illegal road/toll tax and sale of illegal liquor.

Appreciating the helpines, Shah wrote: "Through these four toll-free numbers, the public can directly register their complaints. Every complaint received on these helpines will ensure prompt action. This will free the people of Bengal from the clutches of extortion."

"In the government of Mamata Banerjee, the people of Bengal have been tormented by cut money, syndicate raj and illegal collection for years. The BJP government is eradicating that entire system from the root," he said.

Reacting to Shah's praise, Saman Pathak, the

Darjeeling district CPM secretary and a central committee member of the party, did not mince words. "People are witnessing the BJP's highhandedness across the state. The party has instigated violence in Jadavpur University and the practice of extortion is still on. It's only three months, and people have started voicing their protests against this government. There is hardly anything to praise," Pathak said.

Union home minister Amit Shah held a high-level meeting on the security of the Siliguri corridor, a region where the Centre has been fortifying security and improving infrastructure, considering its proximity to international borders. Chief minister Suwendu Adhikari, senior state government officials and heads of central security forces were present at the meeting. "There will be 100 per cent security along the Siliguri corridor. Every step will be taken to strengthen security and expedite development," said H.V. Shringla, a former diplomat and a Rajya Sabha member from the hills.

MODI meets BJP's new national team



Prime Minister Narendra Modi.

MI News Service, New Delhi: Prime Minister Narendra Modi interacted with the newly appointed office-bearers of the BJP's national executive, as the party's new organisational team met at its headquarters in New Delhi and discussed preparations for upcoming Assembly elections and grassroots mobilisation.

The meeting was the first interaction between Modi and all members of the new national team headed by BJP president Nitin Nabin, which was announced on August 17. Some office-bearers of the outgoing national executive and state unit chiefs also attended.

"Organisational meetings are all about new ideas and perspectives aimed at strengthening the Party and deepening connect with the people. Great interaction with fellow Party colleagues and the new organisational team," Modi said in a post on X.

The BJP said Modi shared his insights and perspectives with the newly appointed organisational team on strengthening the party's organisation and deepening its connect with people.

The new national team comprises 65 office-bearers, including 51 new faces. Those present at Saturday's meeting included BJP vice-presidents Ram Madhav and former Rajasthan chief minister Vasundhara Raje; general secretaries Smriti Irani and former Tripura chief minister Biplab Deb; general secretary (organisation) B L Santhosh; and treasurer and Union minister Piyush Goyal.

According to party sources, the meeting focused on preparations for upcoming state Assembly elections, grassroots mobilisation and taking government initiatives to the public.

JAISHANKAR visits Russia amid US tariff tensions

MI News Service, New Delhi: External Affairs Minister S Jaishankar visits Russia on August 23-24 to co-chair the 27th session of the India-Russia Inter-Governmental Commission on Trade, Economic, Scientific, Technological and Cultural Cooperation and hold talks with Russian Foreign Minister Sergey Lavrov.

The visit comes amid tensions with the US over tariffs and ahead of President Vladimir Putin's expected visit to India for the BRICS summit next month. It will give New Delhi an opportunity to discuss trade, energy, defence and wider geopolitical issues with Moscow, a time-tested partner of India. Jaishankar is travelling at the invitation of Russian First Deputy Prime Minister Denis Man-

tuurov. Besides the commission meeting, he will meet Lavrov to exchange views on regional and global developments. Trade is expected to be a key focus. India-Russia bilateral trade reached a record USD 68.7 billion in 2024-25, but the relationship remains heavily skewed towards Indian purchases of Russian energy. India's exports to Russia were only USD 4.88 billion.

Diversifying the trade and getting more Russian investment to India have remained a focus area. New Delhi had also raised concerns over the trade imbalance at the previous IRIGC-TEC meeting called on Russia to address tariff and non-tariff barriers, ease logistics bottlenecks and improve payment



External Affairs Minister S Jaishankar

mechanisms. Connectivity is another critical area of bilateral cooperation. India is also seeking to expand connectivity through the International North-South Transport Corridor, the Northern Sea Route and the Chennai-Vladivostok Corridor.

Both sides have set a target of taking bilateral trade to USD 100 billion by

2030. The commission is one of two key inter-governmental mechanisms overseeing India-Russia ties. The other deals with military-technical cooperation and is expected to meet later this year. The Moscow visit comes at a crucial time of geopolitical flux and tariff pressure from the US. New Delhi is under pressure from Washington over possible tariffs for purchasing Russian energy while continuing to deepen energy and strategic ties with Moscow.

Jaishankar's talks are expected to focus on imparting greater momentum to the ties. The visit also comes ahead of Putin's expected India trip for the BRICS summit, adding significance to the discussions between Jaishankar and Russian officials.

LPG-to-PNG: Centre asks states to appoint nodal officers

MI News Service, New Delhi: The Petroleum Ministry has asked states and Union Territories to provide district-level administrative support to accelerate the shift of households from LPG to piped natural gas (PNG), seeking appointment of nodal officers to coordinate with gas distributors and oil marketing companies.

In an August 21 letter to state chief secretaries, Petroleum Secretary Naresh Mittal said PNG, as a safer, cleaner and more efficient cooking fuel, has an important role in advancing India's

energy transition while reducing the logistics burden associated with LPG distribution and improving consumer convenience.

"PNG brings a safer, cleaner and more efficient cooking fuel, playing a critical role in advancing the country's energy transition objectives. Its accelerated adoption contributes to reducing the logistics burden associated with LPG distribution, enhancing consumer convenience, and improving utilisation of CGD infrastructure created through substantial public and private investment," Mittal said in the

letter.

The ministry is seeking district-level intervention as it moves to implement a regulatory framework aimed at preventing households from retaining both LPG and PNG connections in areas where piped gas is available.

The push for faster adoption of gas piped to households for cooking purposes, called PNG, follows the disruption to India's LPG supply chains during the West Asia crisis earlier this year. LPG was among the fuels most exposed to the conflict because

● Continued to Pg 3

“If an Encounter Like Baruipur Is Needed in Kharagpur, We Will Not Back Down”: Minister Dilip Ghosh Warns

MI News Service, Kharagpur : Senior BJP leader and state minister Dilip Ghosh adopted a strong stance on Sunday over what he described as growing hooliganism, mafia activities and drug-related crimes in Kharagpur. Speaking at the inauguration of a BJP office in the city, Ghosh said that hooliganism and mafia activities would no longer be tolerated in Kharagpur. He also warned that if necessary, strict police action similar to the action in Baruipur could be taken, including an “encounter”. Ghosh claimed that ordinary people in Kharagpur had allegedly faced a period of “goon-daraj” and harassment over the past several years. He alleged that some Trinamool Congress leaders had also played a role during this period. He said he had asked the police to take action in such cases and stressed that the police must take strict steps in accordance with the law. Goons and Mafias Will Not Be Allowed to Operate in Kharagpur. Dilip Ghosh said the people of Kharagpur had been seeking peace for a long time and that mafia activities and hooliganism would not be allowed to continue in the city at any cost. He claimed that the police had assured him that efforts would be made to bring the situation under complete control before Durga Puja. Referring to recent police action, Ghosh said criminals would now be afraid to operate in Kharagpur. At the same time, he reminded



the police that maintaining law and order was their responsibility. Dilip Ghosh Advises Police to Act Firmly. Ghosh also questioned the functioning of the police. He alleged that during the earlier period of disorder in Kharagpur, the police were aware of several developments but did not take adequate action. He said the police must now perform their responsibilities and should be given full freedom to take strict action against criminals while remaining within the framework of the law. According to Ghosh, it is better for the police to act firmly against the growing activities of goons and mafias. Focus on Drug-Related Crimes. Dilip Ghosh also raised the issue of drug addiction and crimes allegedly linked to drug abuse in Kharagpur. Using a derogatory term for drug users, he claimed that the number of people involved in crimes such as theft to fund their drug habits had now declined. He further claimed that the police had arrested around 200 people in connection with such activities. According to him, some of those arrested may re-

ceive bail from the court, but those who fail to reform will have to remain in jail. “If Necessary, There Will Be an Encounter”. Referring to ongoing police operations, Ghosh said the police were conducting area-wise drives to identify and apprehend suspected criminals. In this context, he said that if necessary, action similar to that taken in Baruipur could also be carried out. He made it clear that criminal activities of any kind would not be tolerated in the city and that strict action would be taken against those involved. “Traders and Common People Should Not Have to Live in Fear”. Ghosh said traders in Kharagpur had allegedly conducted their businesses in an atmosphere of fear in the past, while several families had also suffered as a result. He claimed that the situation was now changing and said the administration would have to take effective measures to create a safe and fear-free environment for residents. He said the people of Kharagpur had supported the BJP in the hope of peace and security. Therefore, he said, maintaining peace and law and order in the city remained a key objective. In conclusion, Dilip Ghosh sent a clear message to the police, saying that ensuring strict action against criminals and mafias in accordance with the law was more important than allowing them to operate freely. He said there should be no place for hooliganism and mafia activities in Kharagpur.

Bachchan Motivates, Mithun Inspires: Tejas Dhanraj

Tapas Roy: “ROLL CAMERA – Beneath The Glitz”, a Hindi neo-noir human drama written and directed by Tejas Namdev Dhanraj, was screened at Nandan-3, Kolkata, on August 22, as part of the Durgapur International Film Festival 2026. Members of the film’s cast and crew were present at the screening.



Produced by Roll Kamera Motion Pictures Pvt. Ltd., the film looks beyond the glamour of the entertainment industry to portray the lives of those whose dreams of success remain unfulfilled. Inspired by true incidents, it explores rejection, failure, fractured relationships, ambition, loneliness and the emotional cost of unfulfilled dreams.

The film has received recognition on the international festival circuit, including awards at the IndieFEST International Film Awards in California, where it won Best Film, Best Director, Best Actor and Best Original Score. It has also been nominated

and selected at festivals in Budapest, Geneva and Los Angeles. Mohak Kansara leads the cast, alongside Raayo S Bakhirta, Rupali Jadhav, Aparna Paranjape, Satish Kumar Adla, Kaushal Shah and Master Ch. Srujan. The technical team includes cinematographers Puneet Bhardwaj and Sameer Reddy, while the music has been composed by Ranjan Patnaik, Tony, Surya Vishwakarma and Sudeep Kurni. The makers are currently planning a premium OTT release and are also in discussions with reputed Bollywood production houses.

Two Pickup Vans Carrying Buffaloes Seized During Naka Checking in Debra, Four Arrested for Lack of Valid Documents

MI News Service, Kharagpur : Manish Rantake (Kharagpur, West Medinipur), : Police seized two pickup vans loaded with buffaloes during a naka-checking operation in Debra, West Medinipur district, after the vehicles were allegedly found without valid documents related to the transportation of the animals. Four people have been arrested in connection with the incident. According to police sources, regular naka-checking was being conducted along National Highway 16 under Debra police station limits. During the operation, police stopped two pickup vans after finding their movement suspicious and conducted a search of the vehicles. A large number of buffaloes were found loaded inside the two vehicles. Police subsequently asked the drivers and other persons accompanying the animals to produce the necessary documents relating to their transportation. However, they allegedly failed to provide the required valid papers. Following this, police seized both pickup vans along with the buffaloes and brought them to Debra police station. Four people were arrested in connection with the case. Police have registered a case against the accused under relevant sections and initiated an investigation. The four arrested persons were produced before the Medinipur court. The investigation is currently focused on determining where the buffaloes had been brought from and where they were being taken. Police are also examining whether any organised group or other individuals are involved in the alleged transportation. The seizure during the naka-checking operation has sparked discussion in the area. Police have stated that checks on compliance with animal transportation rules and the possession of required documents will continue.



100+ sawmills in Nadia without forest licences, timber trade row reaches minister

MI News Service, Nadia : More than 100 sawmills and wood-cutting units in Nadia are allegedly operating without licences from the forest department, bringing the district’s timber trade under renewed scrutiny.

The issue came to the fore after forest minister Manoj Kumar Oraon met representatives of timber traders in Krishnagar on August 17. While one section of licensed timber traders has demanded strict action against illegal sawmills, operators awaiting licences have urged the government to resolve what they describe as a long-pending regulatory deadlock.

According to timber traders’ associations, Nadia has around 108 sawmills operating under “general” licences and nearly 100 units holding “secondary” licences. Besides these, more than 100 sawmills allegedly do not have forest department licences.

The absence of a licence, however, does not necessarily mean that all such units are operating illegally, traders said. Several operators claim they possess trade licences, GST and income-tax documents and have been running their businesses for decades. Some also claim to have applied for forest licences before 2014 and appeared for departmental hearings, but are yet to receive licences.

“This is not simply a question of illegal



sawmills. There are people who have been waiting for years for their applications to be processed,” said Partha Sharma, joint secretary of the Nadia-Murshidabad Divisional Timber Merchants’ Association.

The problem appears particularly acute in some parts of Nadia. Shubh-ranjan Byapari, block secretary of the association in Nakashipara, claimed that only five of the 19 sawmills in the block have forest licences. In Bethuadahari, he said, there are around 10 sawmills but only one has a licence.

Licensed timber traders, meanwhile, have raised a separate concern. They allege that the regulatory gaps are being exploited by some operators to process round timber without proper authorisation. They have also questioned the source of timber reaching such units and alleged that illegal felling outside government forest areas is fuelling the trade.

Maloy Mitra, south

Bengal secretary of the Sara Bangla Timber Merchants and Ply Mill Owners Welfare Association, said the industry needed both tighter enforcement and a transparent licensing mechanism.

“We want to conduct the business while protecting trees and the environment. Illegal timber trade has to be stopped, but genuine applicants whose cases have remained pending for years should also get a fair hearing,” Mitra said.

Traders have also raised questions over the state’s monitoring of timber production and availability. They claim that shortcomings in the assessment process after 2004 contributed to the licensing problems faced by several old sawmills. They further alleged that some units operating under secondary licences were processing round timber in violation of the conditions of their licences. These allegations could not be independently verified.

The controversy assumes significance as the state government has recently stepped up its focus on illegal sawmills and timber smuggling. The chief minister had earlier directed the forest department and police to launch a crackdown on illegal sawmills and organised timber theft.

The forest department’s own published records show that licensing of secondary sawmills and other wood-based industries is governed by specific regulatory provisions, with the department maintaining lists of licensed units.

Following the Krishnagar meeting, the matter has now moved to the forest department for scrutiny. Oraon said he had received the demands submitted by the timber traders and instructed the state’s principal chief conservator of forests to examine the issues on the ground and submit a report.

The report is now being keenly awaited in Nadia. For licensed traders, the immediate demand is enforcement against illegal timber operations. For unlicensed operators claiming to have pending applications, the demand is for a transparent decision on their licences. The forest department’s next move will determine whether the two sides’ concerns can be addressed without compromising forest protection.

UAL Bengal Launches Major Community Welfare Initiative in Jhargram, Inaugurates Three Facilities

CSR initiative includes a dining hall at an ashram, facilities at Hari Mandir and a police assistance booth; company reiterates commitment to social development

MI News Service, Kharagpur : UAL Bengal on Sunday undertook a significant community development initiative in Jhargram district, inaugurating three important community facilities under its social development and Corporate Social Responsibility (CSR) programme. The facilities are expected to directly benefit local residents. The inauguration ceremonies were attended by UAL Bengal Vice Chairman and Executive Director K. N. P. Sinha, Pratima Sinha, Senior General Manager Sunil Kumar Pandey, and Anita Pandey. Dining Hall Inaugurated at Ashram in Gojashimul. UAL Bengal inaugurated a new dining hall at the Brahmasmi Satyananda Sannyas Ashram in Gojashimul. The facility is expected to benefit people associated



with the ashram as well as members of the local community. The new dining hall is also expected to make it easier to organise community programmes and carry out other essential activities at the ashram. Facility Inaugurated at Indkhara Hari Mandir in Dudhkundi. A community facility was also inaugurated at Indkhara Hari Mandir in Dudhkundi. The site is associated with various religious and social activities of local residents.

The development of the facility has been viewed as a positive step towards strengthening community infrastructure in the area. Police Assistance Booth on Guptamani-Kultikari Road. As part of the initiative, UAL Bengal also inaugurated a police assistance booth on the Guptamani-Kultikari Road under Sankrail police station limits. The booth is expected to provide police assistance to local residents and people travelling along the

route whenever required. The facility is also being considered important from the perspective of road safety and public assistance. Focus on Local Development. UAL Bengal’s initiatives indicate that the company is focusing not only on its industrial activities but also on social and community development in surrounding areas. The company has been taking steps to develop public and community facilities based on local needs. According to the company, the primary objective of these projects is to support the local community, strengthen essential facilities and promote inclusive development in the region. The initiative is being viewed as a meaningful step towards improving community welfare and expanding basic facilities in the Jhargram area.

Eye Examination Camp



Nurul Islam Khan: On the occasion of World Prophet’s Day, a free eye examination camp and medical camp was held on Sunday, regardless of caste, religion, or color. Organized by Furfura Sharif Bokharia Jamalia Foundation, Banharishpur Branch. Convenor: Mr. Pir Alhaj Maulana Md. Syed Amjad Hussain Bokharia Sahib. The chief guest was Pir Alhaj Maulana Md. Mo-hiuddin Siddiqui Sahib. 200 common people were examined in this camp at Banharishpur Siddiquiya Jame Masjid premises. Experienced eye specialists provided services on this day. Notable doctors include Sergeant Ayan Mukherjee, Doctor Pushendu Banerjee and Doctor I Mallick. Many people including Pirzada Syed Hammad Hossain, Maulana Shafiqul Islam Khan, Maulana Shahruz-zaman Khan and Haji Rafiqul Hasan were present at the meeting.

Anti-Corruption Branch Conducts Search at Food and Supplies Inspector’s House in Jhargram

MI News Service, Kharagpur : Officials of the Anti-Corruption Branch conducted a search at the residence of an Inspector of the Food and Supplies Department in the Nripenpally area of Jhargram town. The operation created a stir in the locality. The search was reportedly carried out in connection with an ongoing corruption-related investigation involving several officials of the department. According to sources, an Inspector and a Sub-Inspector of the Anti-Corruption Branch arrived at the residence in Nripenpally and conducted the search. The house is reportedly that of Thakur-das Baskey, an Inspector of the Food and Supplies Department. Baskey is currently posted in Bankura district.

Sources claimed that a total of seven officials of the Food and Supplies Department are facing an investigation in connection with allegations of corruption. The officials had reportedly been asked to appear before the concerned authorities and present their statements in



connection with the inquiry. It is learnt that six of the seven officials appeared before the investigating authorities, while Thakur-das Baskey did not appear. Following this, the investigation team reportedly decided to conduct a search at his residence in Nripenpally, Jhargram. When the officials arrived at the house and began the search, Baskey was reportedly not present. According to information available, the investigating officers also questioned his wife. However, there has been no official confirmation so far as to whether the Anti-Corruption Branch recovered any important documents, papers or other materials during the search. The exact nature of the corruption alle-

gations against the seven officials has also not been officially disclosed. No detailed official statement has so far been issued by the investigating agency regarding the matter. As a result, it remains unclear whether the search was conducted on the basis of a specific complaint or case and what findings, if any, have emerged during the investigation. The actual reason for the search, the scope of the investigation and the possible next course of action are expected to become clearer after an official response from the Anti-Corruption Branch. Meanwhile, the search at the residence of the Food and Supplies Department official has generated considerable discussion in Jhargram.

Howrah District Press Club Holds Annual General Meeting; Appeal to Preserve Its Importance and Dignity

MI News Service, Howrah : The Annual General Meeting of the Howrah District Press Club was held on August 7, 2025. Today, on August 23, 2026, the members once again gathered for the Annual General Meeting.

On this occasion, the meeting paid deep respect and tribute to all the brave soldiers who sacrificed their lives to protect the honour and dignity of the nation. It also paid homage to fellow journalists associated with the profession in India and abroad who have passed away. The meeting remembered all the departed souls with deep respect and expressed heartfelt condolences to their bereaved families.

After overcoming many difficulties and challenges, the club has reached its present position. In the past, members worked together in a small room with very limited resources, holding each other’s hands and supporting one another. Despite the limited space and facilities, there was a strong sense of joy, camaraderie and belonging among the members. They stood by one another in times of happiness and sorrow and extended their helping hands whenever a colleague faced difficulties.

Even today, efforts are made to stand by and assist any colleague whenever they are found to be in distress. However, due to professional commitments, many members are



unable to attend the club regularly. At present, apart from a handful of members, most members do not visit the club regularly.

Despite having modern facilities, the absence of members has created a situation where the chairs at the club seem to wait for their members. The lack of members’ participation is also becoming an obstacle to organising and successfully conducting various programmes. Therefore, all members were urged to become more actively associated with the club and visit it regularly in the days ahead.

Following the last Annual General Meeting, a new Governing Body was formed. As no nomination was received for the post of Vice-President, no election was held for the position. Subsequently, at a meeting of the newly elected Governing Body, club member Abhijit Banerjee was nominated as Vice-President, which was later approved by the General Meeting.

Since the last Annual General Meeting, a total of six meetings of the Governing Body have been held. However, it was ob-

served that at least one Governing Body meeting should have been held every month. The shortcomings in this regard must be addressed in the coming days.

During the year, an indoor cricket tournament was organised with the participation of journalists from different districts of the state. The tournament generated considerable enthusiasm among journalists from various parts of West Bengal. Although the tournament was successfully conducted, certain shortcomings and weaknesses were also noticed. Efforts will have to be made to overcome these shortcomings in the future.

However, there was also some lack of participation by club members during the tournament. Active participation by members is extremely important for the successful organisation of any programme. Therefore, greater cooperation and participation from all members is expected in such programmes in the future.

During the period, the club also organised a blood donation camp in Howrah. Although all members were requested

to remain present at the camp, unfortunately, most members could not attend. In future, all members will have to participate more actively in social and humanitarian programmes.

During the same period, the club received a computer and a printer from the district administration. Both are currently being used for club-related work. It is also necessary to consider how these facilities can be used more effectively to assist the members and journalists in their work.

Running an important institution like the Howrah District Press Club in accordance with its dignity and stature is the responsibility of all its members. The club is not merely an organisation; it is an important platform for the unity, mutual cooperation and professional camaraderie of journalists in Howrah.

Therefore, I sincerely appeal to all members to visit the club regularly, participate in its programmes and strengthen the institution through their opinions, cooperation and active involvement. With the hope and expectation that the Howrah District Press Club will continue to function in accordance with its dignity and stature, work more effectively for the interests of its members and contribute to the welfare of all the members.

LPG-to-PNG

Continued from Pg 1: India imports a large share of its cooking-gas requirement, with much of those supplies coming from Qatar, Saudi Arabia, the UAE, and Kuwait and moving through the Strait of Hormuz.

The disruption forced the government to prioritise domestic LPG supplies, with commercial and industrial consumers facing restrictions before supplies were progressively restored. India has since moved to diversify its LPG sourcing, including higher purchases from the US and Algeria, as it seeks to reduce its exposure to disruptions in Middle Eastern supplies.

Piped natural gas, by contrast, proved considerably more resilient during the crisis, particularly for domestic household consumers.

Domestic PNG supplies received priority allocation of domestically produced natural gas, insulating the segment from much of the disruption that affected imported LPG and LNG cargoes.

While industrial and commercial gas users with greater dependence on imported LNG faced some exposure, domestic PNG and CNG supplies were expected to remain largely unaffected.

The experience has strengthened the case for expanding city-gas infrastructure and shifting households towards piped cooking fuel as part of a broader strategy to reduce India's dependence on imported LPG and make the country's energy system more resilient to geopolitical and shipping disruptions.

To promote faster PNG adoption, the government has notified the Natural Gas and Petroleum Products Distribution (Through Laying, Building, Operation and Expansion of Pipelines and Other Facilities) Orders of 2026 and LPG Control Orders under Section 3 of the Essential Commodities Act, 1955.

The orders prohibit households from retaining simultaneous LPG and PNG connections and provide for discontinuation of LPG supply to households that fail to apply for a PNG connection despite due notice, wherever PNG supply is available, Mittal said in the letter.

The ministry has directed authorised city gas distribution (CGD) entities and public-sector oil marketing companies (OMCs) to establish a PNG Coordination Committee (PCC) in every geographical area.

The committees will identify eligible housing societies and households, issue statutory notices to housing societies, resident welfare associations and individual consumers, and conduct outreach camps to accelerate PNG connections.

The ministry said the PCC mechanism is already operational but its experience so far shows that district-level administrative support is crucial for implementing the transition within prescribed timelines.

The district administration will be expected to help secure right of way or right of use from RWAs and housing societies, facilitate the transition between LPG distributors and CGD entities, support consumer outreach and verification, and resolve consumer grievances.

It will also monitor PNG adoption in notified areas and, where required, enable designated officers to exercise powers under the control orders when access to non-public areas is refused.

The ministry said officials of the Department of Food and Civil Supplies are best placed to provide this support because of their existing regulatory interface with LPG distributors and their field-level administrative reach.

Mittal has, therefore, asked chief secretaries to direct their respective food and civil supplies departments to nominate one nodal officer at the district level, not below the rank of district supply officer, to be formally associated with the local PCC.

States and UTs have also been asked to provide the names, designations and contact details of the nominated officers at the earliest so that PCC members can coordinate with them and expedite PNG expansion.

The ministry asked states to accord priority to the matter, citing the government's commitment to expanding PNG adoption in a time-bound manner.

The push comes as India seeks to expand its city gas distribution network and shift more household cooking demand towards piped natural gas, potentially reducing the need to transport LPG cylinders over long distances and making greater use of infrastructure created through public and private investment.

AJIT DOVAL to hold

Continued from Pg 1: said on August 11 that India considers developments in the border areas with China "most serious" and that maintaining peace and tranquillity along the Line of Actual Control is of "utmost importance".

New Delhi has also rejected Beijing's objections to India's decision to formally identify 27 places and geographical features in Arunachal Pradesh by their standard names, reiterating that the State is an "inalienable and integral" part of India.

China, which claims Arunachal Pradesh as part of South Tibet, has been issuing its own names for places in the region since 2017. India has dismissed the move as "vain and preposterous", maintaining that such actions cannot alter the "undeniable" reality that Arunachal Pradesh "was, is, and will" always remain an integral part of India.

Sukanta Majumdar Warns Against Extortion and Corruption Within Party Ranks

MI News Service, Kolkata: Union Minister of State for Education and former state president Sukanta Majumdar has issued a strong warning against extortion, corruption and the misuse of political influence, making it clear that such practices will not be tolerated within the party.

Speaking against allegations of local-level corruption involving some party workers, Majumdar stressed that political workers must uphold a culture of discipline, sacrifice and public service rather than seek personal financial gain through political connections. "If necessary, take the strictest measures. There is no tradition of earning through politics in the party. If someone wants to engage in extortion, they should leave the party," Majumdar said, delivering an unusually blunt message to the organisation's grassroots



Union Minister of State for Education and former state president Sukanta Majumdar

ranks. His remarks come amid repeated allegations that some local leaders and workers have been involved in extortion and other financial irregularities. The party leadership has maintained that individuals accused of such activities will not receive political protection. Majumdar also appealed directly to members of the public, urg-

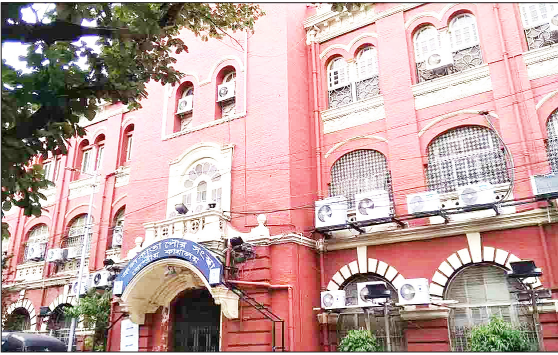
ing them to approach the police and lodge an FIR if any party leader or worker attempts to intimidate, threaten or misuse political influence. He made it clear that even senior leaders would not be shielded if they were found guilty of such conduct. The warning follows similar messages from state party president Shamik Bhat-

tacharya, who has repeatedly cautioned workers against corruption and extortion and indicated that disciplinary action could follow if allegations are substantiated. Party leaders have also raised concerns over individuals allegedly presenting themselves as party workers while engaging in activities that damage the organisation's image. The leadership has stressed that such conduct will invite strict disciplinary measures. The party has recently suspended around 250 people over allegations related to corruption and bribery, underlining its stated intent to enforce greater internal discipline. Majumdar's latest remarks therefore signal a tougher approach towards political misconduct at the grassroots level, with the leadership seeking to draw a clear line between political work and personal profiteering.

Kolkata Municipality Probes Alleged Salary Scam Over 'Fake' Workers

MI News Service, Kolkata: Allegations of large-scale financial irregularities have surfaced in the Kolkata Municipal Corporation, with the civic administration launching a probe into suspected discrepancies between the number of workers on record and the funds released as salaries over the past 16 years.

A five-member special investigation committee has been constituted to examine the alleged irregularities during the period when the civic body was under Trinamool Congress control. The committee was reportedly formed by Special Commissioner Soumya Bhattacharya following a preliminary scrutiny of salary and expenditure records. Sources in the civic administration said the investigation was prompted by a glaring mismatch between the recorded workforce and the amount being withdrawn from the municipal treasury towards wages. The preliminary assessment has raised



questions over whether funds were allegedly siphoned off by showing the names of non-existent or otherwise unverifiable contract, agency and 100-day workers. The probe is expected to establish whether payments were made against genuine employees and whether any officials or intermediaries facilitated irregular withdrawals. The issue assumes significance against the backdrop of the municipality's growing dependence on contractual manpower. According to civic sources,

the number of permanent employees has remained largely stagnant over the past 15 years, while contractual workers have increasingly been engaged through agencies. The stated rationale was financial: appointing permanent employees would entail additional liabilities, including provident fund and gratuity. At present, the civic body has slightly fewer than 14,000 permanent employees, while the number of temporary workers is understood to be above 16,000. A substantial

workforce is also engaged under 100-day employment programmes. The committee will scrutinise salary registers, agency records, attendance data and expenditure statements across ward offices, borough offices, departmental establishments, civic institutions and the corporation's headquarters. Biometric attendance records will also be examined to determine whether workers listed in official records actually reported for duty. A senior civic official said the immediate task would be to prepare a comprehensive database of temporary workers and physically verify their identities, deployment and salary payments. The administration is expected to decide on further action after receiving the committee's preliminary report. If the alleged discrepancies are substantiated, the probe could trigger a wider examination of contractual recruitment, agency payments and payroll management within the civic body.

Health Scheme Irregularities: Swasthya Bhavan Tightens Vigil on Nursing Homes

MI News Service, Kolkata: Allegations of systematic manipulation of bills under the state's Swasthya Sathi health insurance scheme have triggered fresh scrutiny of private nursing homes, with a Swasthya Bhavan inspection in East Burdwan reportedly uncovering multiple instances of suspected irregularities.

According to health department sources, investigators found alleged attempts to exploit the difference between treatment packages under the scheme. The focus has centred on the Medical Management Package, under which there is reportedly no fixed ceiling on treatment expenditure, unlike several surgical packages where reimbursement limits are prescribed. The allegation

against a nursing home in East Burdwan is particularly serious. Investigators reportedly found that patients requiring surgical treatment were admitted under the Medical Management Package, allegedly allowing substantially higher bills to be generated. In one category cited by a Swasthya Bhavan official, orthopaedic surgery costing around ₹30,000-₹45,000 was allegedly billed as treatment for brain stroke under a package involving expenditure of around 90,000. Officials reportedly detected 14 such cases during the investigation. The alleged irregularities did not end there. According to health department sources, some patients who were not eligible for treatment under Swasthya Sathi were

allegedly shown as suffering from ailments covered by the scheme. This, investigators suspect, may have been used to obtain reimbursement from the government. Even more serious allegations have emerged over the alleged manipulation of diagnostic records. A health department official claimed that an old CT scan report of a brain-stroke patient was allegedly being reused to classify an orthopaedic patient under a different treatment category, with only the patient's name and date reportedly altered. The findings have raised concerns over whether similar practices may be operating elsewhere. Members of the private nursing home sector have claimed that the East Burdwan case could repre-

sent only a fraction of a larger problem, alleging that nursing homes and private hospitals in several districts may have benefited from such practices. The health department is now keeping a close watch on suspicious claims and treatment records. The latest investigation has also put the spotlight on the need for stricter verification of patient records, diagnostic reports and package selection before government funds are released. With public money involved, the alleged manipulation of medical records and treatment packages has assumed serious significance. Health department officials are expected to examine the financial trail and determine the extent of the alleged irregularities before deciding on further action.

Anandapur Clash: Party Feast Sparks BJP Infighting, Worker Injured

MI News Service, Kolkata: A party feast in Anandapur's Ward 108 turned into a late-night clash, exposing growing friction within local BJP ranks following a recent influx of Trinamool Congress workers into the party. The confrontation, which unfolded near the Anandapur police station on Saturday night, left at least one BJP worker seriously injured, with allegations of assault and police inaction flying between the two groups.

The trouble reportedly began over the organisation of a preeti bhoj linked to a party programme. One faction alleged that newly inducted BJP members, who had previously been associated with the Trinamool Congress, had arranged the feast using money allegedly collected through extortion. The rival group rejected the allegations and claimed that BJP mandal president Arun Bishai and his associates disrupted the event and assaulted them.



According to local BJP leaders, the feast was organised on a large scale, with food arrangements reportedly made for more than 1,000 people. They questioned the source of the funds used to arrange mutton, fish and lobster, alleging that money had been collected from local businesses. Bishai alleged that several people who joined the BJP after May 4 were attempting to use the party's name to collect money and that he and his supporters had gone to protest against the practice. He claimed that

they were subsequently attacked. A local BJP leader said the development had caused resentment among long-standing party workers, who claimed they had faced political pressure and violence for years and were now being sidelined by newly inducted members. The situation escalated further when both groups reached the police station to lodge complaints. An argument soon turned into a physical confrontation, reportedly taking place in the presence of police personnel. A BJP worker

sustained injuries, including an alleged skull fracture. Both sides have accused the police of failing to intervene effectively and claimed that they were assaulted despite being near the police station. A complaint has been lodged at Anandapur police station, and the circumstances surrounding the clash are being examined. The incident has also triggered concern within sections of the BJP leadership, with allegations that disputes involving newly inducted workers are repeatedly creating tension at the local level. Reacting to the incident, state Panchayat Minister Dilip Ghosh said he was unaware of the details surrounding the feast and added that any law-and-order issue would be dealt with by the police. With rival allegations continuing to surface, the Anandapur clash has now put the spotlight on internal tensions surrounding the expansion of the party's local organisational base.



Celebration of East Bengal footballers, after winning the 135th Durand Cup final at Vivekananda Yuba Bharathi Krirangan in Kolkata on Sunday.

Annapurna Yojana Benefits Trigger Massive Thank-You Rally in Shyampukur

MI News Service, Kolkata: The disbursement of financial assistance under the Annapurna Yojana has triggered a large-scale mobilisation of women beneficiaries in north Kolkata, with thousands taking part in a thanksgiving procession in the Shyampukur Assembly constituency on Saturday.

According to organisers, around ₹1.45 crore has been credited to beneficiaries' accounts under the scheme, with eligible women receiving ₹3,000. The financial assistance prompted a visible expression of gratitude as hundreds of women took to the streets in a colourful procession, thanking the state government and Shuvendu Adhikari for the implementation of the scheme. The procession was organised under the leadership of Shyampukur MLA and state minister Purnima Chakraborty. It began near the statue of Shyama Prasad Mukherjee at the Jorabagan intersection and proceeded through Ahiritola and B.K. Pal Avenue before culminating at Bagbazar intersection. Carrying slogans of ap-



preciation and celebrating the receipt of the financial assistance, a large number of women participated in the march. The gathering turned the streets of north Kolkata into a show of public support for the welfare initiative. Chakraborty said the Annapurna Bhandar initiative was aimed at strengthening the economic independence of women and supporting households. She said the participation of thousands of women demonstrated their appreciation for the scheme. At the same time, the minister sought to reassure those who are yet to receive the benefits. She said the government was examining the pending cases and that the process was underway. "No eligible beneficiary will be deprived of the scheme,"

she said, stressing that those who have not yet received the assistance would also be covered once the necessary process is completed. The rally assumed significance against the backdrop of growing attention surrounding the rollout of the welfare programme. For the beneficiaries who have already received the 3,000 assistance, Saturday's procession served as a public expression of gratitude, while the government maintained that eligible applicants awaiting benefits would be brought under the scheme in due course. With women turning out in large numbers across the Shyampukur constituency, the procession ended with a strong display of enthusiasm and support from the beneficiaries.

Unrest erupts over demolition of an 'illegal' structure in Tollygunge; High Court issues a stay order

MI News Service, Kolkata: The Calcutta High Court has issued an interim stay on the demolition of an 'illegal' structure in Tollygunge, ruling that the construction cannot be demolished for the time being. On Sunday, Justice Raja Basu Chowdhury ordered that the demolition notice remain inoperative for 30 days, barring the Kolkata Municipal Corporation (KMC) from carrying out any demolition work at the site during this period. The petitioner is permitted to seek legal recourse within this timeframe.

Allegations of 'illegal' construction had been raised regarding premises 51/1A and 51/1B on Satish Mukherjee Road in Tollygunge. The KMC moved to demolish the structure, deploying bulldozers to the area on Sunday. A large police contingent was deployed at the site, leading to altercations between the police and local residents.

Anita Das, a resident of the area, approached the High Court to contest the KMC's demolition decision. She requested an urgent



hearing on Sunday, despite it being a holiday. A special bench was convened with the permission of the Acting Chief Justice of the High Court, Tapobrata Chakraborty. In court, Das stated that she had been residing at the address for a long time. The KMC had previously issued a show-cause notice regarding eviction and demolition, a notice that has been challenged and remains a subject of ongoing litigation in the High Court. Despite this, the KMC proceeded with plans to demolish the structure, with the work commencing at 11:00 AM on Sunday.

The High Court observed that the municipality should have allowed a 30-day peri-

od regarding the demolition notice. The notice for the demolition of the structure was issued just last week. Demolishing a structure within a mere three days, without affording the affected party any opportunity to respond, is not legally appropriate. The Court stated that it would not comment on whether the structure was 'illegal' or not, but emphasized that an individual must be given a proper legal opportunity. On Friday, the Court set aside the demolition notice issued by the municipality's Executive Engineer. On Sunday, a special bench presided over by Justice Basu Chowdhury ruled that the petitioner must be granted a 30-day period.

Weather Alert: Bengal Braces for Third Low-Pressure System in August, Rain Warning Issued

MI News Service, Kolkata: Bengal is once again staring at a spell of widespread rain as a fresh low-pressure system has formed over the Bay of Bengal, marking the third such system to develop in August. The India Meteorological Department has warned of increasing rainfall across several districts over the coming days, with heavy-rain alerts already issued for parts of both South and North Bengal.

The latest system, positioned along the Bengal-Odisha coast, is expected to intensify rainfall activity particularly across the coastal and western districts. Kolkata, meanwhile, is likely to receive light to moderate rain accompanied by cloudy skies and occasional thunderstorms. The weather office has indicated that the current spell could persist until next Tuesday, raising concerns in several areas already struggling with waterlogging following last week's torrential downpour. Heavy rain had affected virtually all districts of South Bengal, including Kolkata, leaving several areas inundated and disrupting normal life. A yellow alert for heavy rain has been issued in South 24 Parganas on Sunday, while Midnapore and Jhargram are also expected to receive heavy showers. Rainfall activity is



likely to shift towards Jhargram, Purulia and Bankura on Monday. The primary impact of the low-pressure system, however, is expected over Odisha and Chhattisgarh. North Bengal is also set for another bout of heavy rain. From Tuesday, a yellow alert has been issued for Darjeeling, Kalimpong, Alipurduar and Jalpaiguri, where heavy rainfall is likely. On Wednesday, the warning will cover Cooch Behar, Alipurduar and Jalpaiguri. By Thursday, the intensity may ease in some areas, although light to moderate rain accompanied by thunder is still expected. With the ground already saturated after repeated spells of heavy rain, authorities and residents remain on alert as Bengal prepares for another prolonged period of unsettled weather.

Name Change
Madina Begum Malik (Old Name), Wife Of Harun Malik, Resident Of Vill-Paschim Bhagabatipur, Taradarpara O Mollapara, Po-Bhagabatipur, Ps-Chanditala, Hooghly- 712304, West Bengal Do Herby Declare That I Have Changed My Name From Madina Begum Malik (Old Name) To Madina Bhagum Malik (New Name) In All Purpose, Vide Affidavit No 42 Sworn Before The Notary Public At Kolkata On 10/06/2026. Madina Bhagum Malik (New Name) And Madina Begum Malik (Old Name) Both Are Same And One Identical Person.

Name Change
I, Sourav Latu Chakrabarti (Old Name), Son Of Nani Gopal Chakrabarti, Resident Of Uniworid City, Building Name, Action-3, Flat-1201, Newtown Rajarhat, Vistas Area-iii, Bidhanagar-700160, West Bengal Do Herby Declare That I Have Changed My Name From Sourav Latu Chakrabarti (Old Name) To Sourav Nanigopal Chakrabarti (New Name) And Henceforth I Shall Be Known As Sourav Nanigopal Chakrabarti (New Name) In All Purpose, Vide Affidavit No 26 Sworn Before The Notary Public At Kolkata On 17/08/2026. Sourav Nanigopal Chakrabarti (New Name) And Sourav Latu Chakrabarti (Old Name) Both Are Same And One Identical Person.

Name Change
I, Adarsh Kanoi (old name) S/O Mahendra Kumar Kanoi, residing at 28, Queenspark, Ballygunge, Kolkata-700019, do hereby declare that I have changed my name from Adarsh Kanoi (Old Name) to Adarsh Kumar Kanoi (New Name) and henceforth I shall be known as Adarsh Kumar Kanoi (new name) in all purpose, vide affidavit No 02/2026 sworn before the notary public at Kolkata on 21/08/2026. Adarsh Kumar Kanoi (New Name) and Adarsh Kanoi (Old Name) both are same and one identical person.

Name Change
I, Noor Banu (Old Name), Wife Of Surab Uddin Mondal, Resident Of Vill-Dubul, Po-Gangsar Majhergram, Ps-Gangrapur, Nadia-741238, West Bengal Do Herby Declare That I Have Changed My Name From Noor Banu (Old Name) To Shyamali Mondal (New Name) And Henceforth I Shall Be Known As Shyamali Mondal (New Name) In All Purpose, Vide Affidavit No 63 Sworn Before The Notary Public At Kolkata On 18/08/2026. Shyamali Mondal (New Name) And Noor Banu (Old Name) Both Are Same And One Identical Person.

Name Change
I, Mosammat Jesmina Begam (Old Name), Wife Of Sekh Barkat Ali, Resident Of Vill - Bathangaria, Po - Cheragram, Ps - Gurap, Hooghly - 712303, West Bengal Do Herby Declare That I Have Changed My Name From Mosammat Jesmina Begam (Old Name) To Jasmina Begam (New Name) And Henceforth I Shall Be Known As Jasmina Begam (New Name) In All Purpose, Vide Affidavit No 17413 Sworn Before The Ld 1st Class Judicial Magistrate At Hooghly On 20/07/2026. Jasmina Begam (New Name) And Mosammat Jesmina Begam (Old Name) Both Are Same And One Identical Person.

Name Change
I, Sayantani Pal Banerji (Old Name), Daughter Of Anutosh Pal, Resident Of 2nd Floor, Jeet Sanctuary Phase 1.53, Nayabadd, Po & Ps - Panchasayar, Kolkata - 700094, West Bengal Do Herby Declare That I Have Changed My Name From Sayantani Pal Banerji (Old Name) To Sayantani Pal (New Name) And Henceforth I Shall Be Known As Sayantani Pal (New Name) In All Purpose, Vide Affidavit No 24 Sworn Before The Notary Public At Kolkata On 18/08/2026. Sayantani Pal (New Name) And Sayantani Pal Banerji (Old Name) Both Are Same And One Identical Person.

Name Change
I, Mohammed Baquibillah Shakh & Shakh Mohammed Baquibillah (Old Name), Son Of Late Shikh Mohammed Amanullah, Resident Of Vill-Balban, Po & Ps-Baruipur, South 24 Parganas-700144, West Bengal Do Herby Declare That I Have Changed My Name From Mohammed Baquibillah Shakh & Shakh Mohammed Baquibillah (Old Name) To Sk Md Baquibillah (New Name) And Henceforth I Shall Be Known As Sk Md Baquibillah (New Name) In All Purpose, Vide Affidavit No 4 Sworn Before The Notary Public At Kolkata On 20/08/2026. Sk Md Baquibillah (New Name) And Mohammed Baquibillah Shakh & Shakh Mohammed Baquibillah (Old Name) Both Are Same And One Identical Person.

Name Change
After accepting Islam voluntarily on 27.02.2026, I, JYOTI JAISWARA D/o Ram Chandra Jaiswara residing at 264, Panchanan Tala Road, Howrah, P.O. & PS. - Howrah, WB - 711101 have changed my name from JYOTI JAISWARA to ZAYNAB PRAVEJ and JYOTI JAISWARA and ZAYNAB PRAVEJ both are same and one identical person i.e, myself, vide affidavit 18680 dated 20.08.2026 before Judicial Magistrate, 1st Class at Alipore.

Name Change
I, Rahaman Hafizur Luthfar, s/o Rahaman Luthfar Sadek Ali & Rahaman Hajerabibi Luthfar according to passport no. A9635766, R/o Iswarbaha, Sahaganj, Chinsurah, Hooghly-712104, W.B have changed my name and shall henceforth be known as Hafizar Rahaman, s/o Luthfar Rahaman and Hazera Khatun, vide affidavit no. 18541 before judicial magistrate Sader, Hooghly Court on 01/08/2026. Rahaman Hafizur Luthfar, s/o Rahaman Luthfar Sadek Ali and Rahaman Hajerabibi Luthfar & Hafizar Rahaman, S/o Luthfar Rahaman and Hazera Khatun both are the same and one identical person.

Change of Name
I, RUMA GHOSH W/o MILTAN HARRIS, R/o - Vill. - Rangamati, P.O - Bhimpur, P.S-Salboni, Dist- Paschim Medinipur, hereby solemnly affirm and declared that in my minor son's birth certificate his my name inadvertently recorded as AAMRISH HARRIS instead of his actual/correct name with surname i.e. AAMRISH GHOSH HARRIS (DOB- 21.12.2017) vide affidavit no- 21420, dated - 07/11/2022 sworn in the Court of Ld. Judicial Magistrate (1st Class), at Midnapur AAMRISH HARRIS and AAMRISH GHOSH HARRIS is the same & one identical person i.e, my son.

Name Change
I, Kamal Boral (Old Name), Son Of Sasthi Charan Boral, Resident Of Janai (Mali Para), Po-Janai, Ps-Chanditala, Hooghly- 712304, West Bengal Do Herby Declare That I Have Changed My Name From Kamal Boral (Old Name) To Kamal Kumar Boral (New Name) And Henceforth I Shall Be Known As Kamal Kumar Boral (New Name) In All Purpose, Vide Affidavit No 13 Sworn Before The Notary Public At Kolkata On 20/08/2026. Kamal Kumar Boral (New Name) And Kamal Boral (Old Name) Both Are Same And One Identical Person.

Name Change
I, Moksed Mondal & Md Moksed Mondal (old name), son of Juman Ali Mondal, residing at Vill- Chaita Madhyagram, P.O- Chaita, PS.- Matia, Dist- North 24 Parganas, Pin- 743445, West Bengal INDIA, I have changed my name from Moksed Mondal & Md Moksed Mondal (Old names) to Mohammed Moksed Mondal (new name) and shall henceforth be known as Mohammed Moksed Mondal (new name) in all purpose, as declared before the Notary public at Basirhat, dated 09/07/2026. Mohammed Moksed Mondal (new name) and Moksed Mondal & Md Moksed Mondal (old names) all are same and ont identical person.

Name Change
I, Rupa Ash Rit (Old Name), Daughter Of Asta Ash, Wife Of Dhananjay Rit, Resident Of Vill & Po-Now Para, Ps-Amta, Howrah -711401, West Bengal Do Herby Declare That I Have Changed My Name From Rupa Ash Rit (Old Name) To Rupa Rit (New Name) And Henceforth I Shall Be Known As Rupa Rit (New Name) In All Purpose, Vide Affidavit No 29 Sworn Before The Notary Public At Kolkata On 21/08/2026. Rupa Rit (New Name) And Rupa Ash Rit (Old Name) Both Are Same And One Identical Person.

Name Change
I, Md Sujaudhin Shaikh (Old Name), Son Of Of Late Mufij Uddin Sekh, Resident Of Vill- Solgohalia, P.O.- Champahati, P.S.- Baruipur, Dist - South 24 Parganas, Pin - 743330, West Bengal, Do Herby Declare That I Have Changed My Name From Md Sujaudhin Shaikh (Old Name) To Sujaudhin Sekh (New Name) And Henceforth I Shall Be Known As Sujaudhin Sekh (New Name) In All Purpose, Vide Affidavit Sworn Before The Notary Public At Kolkata On 20/08/2026. Sujaudhin Sekh (New Name) And Md Sujaudhin Shaikh (Old Name) Both Are Same And One Identical Person.

Name Change
I, Md Salahuddin Shaikh (Old Name), Son Of Sujaudhin Sekh And Sujaudhin Sekh, Resident Of Vill- Solgohalia, P.O.- Champahati, P.S.- Baruipur, Dist - South 24 Parganas, Pin - 743330, West Bengal, Do Herby Declare That I Have Changed My Name From Md Salahuddin Shaikh (Old Name) To Salahuddin Sekh (New Name) And Henceforth I Shall Be Known As Salahuddin Sekh (New Name) In All Purpose, Vide Affidavit No 1464 Sworn Before The 1st Class Judicial Magistrate At Baruipur On 09/04/2010. Salahuddin Sekh (New Name) And Md Salahuddin Shaikh (Old Name) Both Are Same And One Identical Person.

Name Change
I, Hushen Ara Ahmed, daughter of Ser-ajuddin Ahmed and wife of Sk Enait Ali, resident of Village & Post - Deulgram, P. S. Bagan, District - Howrah, Pin - 711303, West Bengal, do hereby declare that I have changed my name from Hushen Ara Ahmed and henceforth I shall be known as Hushen Ara Ahmed in all purpose, vide affidavit number 10883/ACJM/ULUBERIA sworn before the 1st class judicial magistrate (ACJM) of Uluberia Court on 17.08.2026. Hushen Ara Ahmed and Hushen Ara Ahmed both are same and one identical person.

Name Change
I, Narayan Chandra Biswas (Old Name), Son Of Late Jandra Biswas, Resident Of Dakshin Chandra, Baduria, North 24 Parganas- 743247, West Bengal Do Herby Declare That I Have Changed My Name From Narayan Chandra Biswas (Old Name) To Narayan Biswas (New Name) And Henceforth I Shall Be Known As Narayan Biswas (New Name) In All Purpose, Vide Affidavit No 36 Sworn Before The Notary Public At Kolkata On 14/08/2026. Narayan Biswas (New Name) And Narayan Chandra Biswas (Old Name) Both Are Same And One Identical Person.

Name Change
I, Satyan shaw (old name), S/O Ganesh shaw, residing at Sardar para, Maheshthala (M), south 24 parganas - 700141, West Bengal, India, do hereby declare that I have changed my name from Satyan shaw (Old Name) to Satnan Shaw (New Name) and henceforth shall I be known as Satnan Shaw (new name), as declared Before The Notary Public at Kolkata vide an affidavit No. 24, dated 21/08/2026. Satnan Shaw (new name) and Satyan shaw (old name) both are same and one identical person.

Name Change
I, Sunanda Mondal (old name), W/O Sabuj Sarker, residing at Sukanta pally, gaurangnagar, newtown, aswini nagar, north 24 parganas - 700159, West Bengal, India, do hereby declare that I have changed my name from Sunanda Mondal (Old Name) to Sunanda Sarker (New Name) and henceforth shall I be known as Sunanda Sarker (new name), as declared Before The Notary Public at Kolkata vide an affidavit No. 24, dated 21/08/2026. Sunanda Sarker (new name) and Sunanda Mondal (old name) both are same and one identical person.

Name Change
I, Manas Chaudhuri (old name), S/O Harendra Nath Chaudhuri, residing at AA-39, Prafulla Kanan West, Rajarhat Gopalpur (M), Kolkata- 700 101, Dist. North 24- Parganas, West Bengal, India, do hereby declare that I have changed my name from Manas Chaudhuri (Old Name) to Manas Kumar Chaudhuri (New Name) and henceforth shall I be known as Manas Kumar Chaudhuri (new name), as declared Before The Ld. 1st Class Judicial Magistrate at Kolkata, vide an affidavit dated 29/09/2020. Manas Kumar Chaudhuri (new name) and Manas Chaudhuri (old name) both are same and one identical person.

Name Change
I, (Old Name) RAHIM BADSHA MIR S/O-LAL CHAND MIR Residingat - Madanpur, Sehala, Bharatpur, Dist- Murshidabad, Pin- 742301, West Bengal. Do hereby declare that I have Changed my name from RAHIM BADSHA MIR To RAHIM BADSHA MIR (New name) and henceforth I Shall be Known as (New Name) RAHIM BADSHA MIR in all purpose Vide an affidavit No-2178 On Date 07 August 2026 Sworn before The Notary Public at Berhampore Murshidabad, RAHIM BADSHA MIR and RAHIM BADSHA MIR both are Same and one identical person.

Name Change
I, (Old Name) RABIAUL SEKH/S- SABUR SEKH Residingat- Hijuli Purba Muslimpara, Santipur, Dist- Nadia, Pin- 741404, West Bengal. Do hereby declare that I have Changed my name from RABIAULSEKH To RABIRUL SEKH (New name) and henceforth I Shallbe Known as (Newname) RABIRUL SEKH inallpurpose Vide an affidavit No-2177 On Date 07 August 2026 Sworn before The Notary Public at Berhampore Murshidabad, RABIRUL SEKH and RABIAUL SEKH both are Same and one identical person.

Name Change
I, Shaibli Banka (Old Name) W/o Anand Biyani D/o Satish Prasad Banka Residing at Block N Flat 4C Natural City, 43 Shyamnagar Road, Vtc+Po- Bangur Avenue, District - North 24 Parganas, Pin - 700055, West Bengal, India, do hereby declare that I have Changed my name from Shaibli Banka (Old Name) to Shaibli Banka Biyani (New Name) and henceforth I shall be known as Shaibli Banka Biyani (New Name) in all purpose, vide affidavit no 1356 Sworn before the Ld. Judicial Magistrate (1st Class) at Bidhannagar on Dated 21-08-2026. Shaibli Banka Biyani (New Name) and Shaibli Banka (Old Name) both are same and one identical person.

Name Change
I, MOHAMMAD SHAKIL AKHTER (Old Name) S/O Md ZAINUL ABEEDIN Residing at Rail Park R.T. Road Bairagi Talaw, Po - Asansol, Ps - Asansol North, District - Paschim Bardhaman, Pin - 713302, West Bengal, India, do hereby declare that I have changed my name from MOHAMMAD SHAKIL AKHTER (Old Name) to MD SHAKIL AKHTER (New Name) and henceforth I shall be known as MD SHAKIL AKHTER (New Name) in all purpose, vide affidavit Sworn before the Notary public at Kolkata on Dated 21-08-2026. MD SHAKIL AKHTER (New Name) and MOHAMMAD SHAKIL AKHTER (Old Name) both are same and one identical person.

Name Change
I, Shainaz Begum (Old Name) W/o Akbar Ali D/o Mohammad Yusuf Residing at Ch-1 No, Maszid, Kanhadhar, Po - Nawabganj, Ps - Naopara, District - North 24 Parganas, Pin - 743144, West Bengal, India, do hereby declare that I have Changed my name from Shainaz Begum (Old Name) to Sahana Begum (New Name) and henceforth I shall be known as Sahana Begum (New Name) in all purpose, vide affidavit Sworn before the Notary public at Kolkata on Dated 21-08-2026. Sahana Begum (New Name) and Shainaz Begum (Old Name) both are same and one identical person.

Name Change
I, Hashibul Jamader (Old Name) S/O Iktar Hossain Jamadar, Residing at Dadnamara Mishra Para, Po - Serpur, Ps - Usthi, District - South 24 Parganas, Pin - 743513, West Bengal, India, do hereby declare that I have Changed my name from Hashibul Jamader (Old Name) to Hasibul Jamadar (New Name) and henceforth I shall be known as Hasibul Jamadar (New Name) in all purpose, vide affidavit Sworn before the Notary public at Kolkata on Dated 21-08-2026. Hasibul Jamadar (Old Name) both are same and one identical person.

Name Change
I, Ajмира Bibi Jamadar (Old Name) W/o Aktar Hossain Jamadar D/o Abu Kalam Jamadar Residing at Dadnamara Mishra Para, Po - Serpur, Ps - Usthi, District - South 24 Parganas, Pin - 743513, West Bengal, India, do hereby declare that I have Changed my name from Ajмира Bibi Jamadar (Old Name) to Ajмира Jamadar (New Name) and henceforth I shall be known as Ajмира Jamadar (New Name) in all purpose, vide affidavit Sworn before the Notary public at Kolkata on Dated 21-08-2026. Ajмира Jamadar (New Name) and Ajмира Bibi Jamadar (Old Name) both are same and one identical person.

Name Change
I, Arati Sarkar, Arati Hembram Sarkar (Old Name) W/o Pipal Sarkar D/o Surendra Nath Hembram Residing at Vill - Dharsa, Kantapukur South, Po - GIP Colony, PS- Jagacha, District - Howrah, Pin - 711112, West Bengal, India, do hereby declare that I have changed my name from Arati Sarkar, Arati Hembram Sarkar (Old Name) to Arati Hembram (New Name) and henceforth I shall be known as Arati Hembram (New Name) in all purpose, vide affidavit Sworn before the Notary public at Kolkata on Dated 21-08-2026. Arati Hembram (New Name) and Arati Sarkar, Arati Hembram Sarkar (Old Name) both are same and one identical person.

Name Change
I, Jaya Mitra (Old Name) D/o Achinta Sen Gupta Residing at 23, Ram Swarup Khettr Road, Po - New Alipore, Ps - Behala, District - Kolkata, Pin - 700053, West Bengal, India, do hereby declare that I have Changed my name from Jaya Mitra (Old Name) to Jaya Sengupta (New Name) and henceforth I shall be known as Jaya Sengupta (New Name) in all purpose, vide affidavit no 21183 Sworn before the Ld. Judicial Magistrate (1st Class) at Alipore on Dated 12-02-2026. Jaya Sengupta (New Name) and Jaya Mira (Old Name) both are same and one identical person.

Name Change
I, Aisha Bibi & Ayesha Khatun (old names), W/O Md Shakil, residing at 83/77, Belgachia Road, P.O.- Belgachia, Ps.- Ultadanga, Kolkata- 700037, West Bengal, India, do hereby declare that I have changed my name from Aisha Bibi & Ayesha Khatun (Old Names) to Ayesha Bibi (New Name) and henceforth shall I be known as Ayesha Bibi (new name), as declared Before The Notary Public at Kolkata, vide an affidavit No 36 dated 21/08/2026. Ayesha Bibi (new name) and Aisha Bibi & Ayesha Khatun (old names) all are same and one identical person.

Name Change
I, Md Rahamatullah & Md Rahamatullah Ansari (old name), S/O Mohammad Isahaque, residing at New Panchur, Molla Para, Maheshstala (M), Bidhargarh, South 24 Pgs, Pin- 700066, West Bengal, India, do hereby declare that I have changed my name from Md Rahamatullah (Old Name) to Md Rahamatulla Ansari (New Name) and henceforth shall I be known as Md Rahamatulla Ansari (new name), as declared Before The Notary Public at Kolkata, vide an affidavit dated 21/08/2026. Md Rahamatulla Ansari (new name) and Md Rahamatullah (old name) both are same and one identical person.

Name Change
I, Harshvardhan Neotia (Old Name), Son Of Late Vinod Kumar Neotia, Resident Of 7/2, Queens Park, Ballygunge, Kolkata-700019, West Bengal Do Herby Declare That I Have Changed My Name From Harshvardhan Neotia (Old Name) To Harshvardhan Neotia (New Name) And Henceforth I Shall Be Known As Harshvardhan Neotia (New Name) In All Purpose, Vide Affidavit No 32 Sworn Before The Notary Public At Kolkata On 21/08/2026. Harshvardhan Neotia (New Name) And Harshvardhan Neotia (Old Name) Both Are Same And One Identical Person.

Name Change
I, Debarati Ghosh (Old Name), Wife Of Nilendu Saha, Resident Of Avishkita-1, Block-1b, Flat-601, 369/3 Purbachal Kalitara Road, Kolkata-700078, West Bengal Do Herby Declare That I Have Changed My Name From Debarati Ghosh (Old Name) To Debarati Saha (New Name) And Henceforth I Shall Be Known As Debarati Saha (New Name) In All Purpose, Vide Affidavit No 45 Sworn Before The Notary Public At Kolkata On 21/08/2026. Debarati Saha (New Name) And Debarati Ghosh (Old Name) Both Are Same And One Identical Person.

Name Change
I, Seikh Muktar (Old Name), S/O - Sk Hira, Resident Of 10/1a, Mijan Ostagar Lane, Kolkata - 700017, West Bengal Do Herby Declare That I Have Changed My Name From Seikh Muktar (Old Name) To SK Mukhtar (New Name) And Herhforth I Shall Be Known As Sk Mukhtar (New Name) In All Purpose, Vide Affidavit Sworn Before The Notary Public At Kolkata On 21/08/2026. SK Mukhtar (New Name) And Seikh Muktar (Old Name) Both Are Same And One Identical Person.

Name Change
I, Purnima Pallob (Old Name), Wife Of Sib Sankar Pallab, Resident Of 257/1/A, B.T. Road, Baranagar, North 24 Parganas-700036, West Bengal Do Herby Declare That I Have Changed My Name From Purnima Pallob (Old Name) To Purnima Pallob (New Name) And Henceforth I Shall Be Known As Purnima Pallob (New Name) In All Purpose, Vide Affidavit No 19 Sworn Before The Notary Public At Kolkata On 20/08/2026. Purnima Pallob (New Name) And Purnima Pallob (Old Name) Both Are Same And One Identical Person.

Name Change
I, Shib Shankar Pallob (Old Name), Son Of Krishnadhan Pallab, Resident Of 257/1/A, B.T. Road, Baranagar, North 24 Parganas-700036, West Bengal Do Herby Declare That I Have Changed My Name From Shib Shankar Pallob (Old Name) To Sib Sankar Pallab (New Name) And Henceforth I Shall Be Known As Sib Sankar Pallab (New Name) In All Purpose, Vide Affidavit No 18 Sworn Before The Notary Public At Kolkata On 20/08/2026. Sib Sankar Pallab (New Name) And Shib Shankar Pallob (Old Name) Both Are Same And One Identical Person.

Name Change
I, Pranay Pallob (Old Name), Son Of Sib Sankar Pallab, Resident Of 257/1/A, B.T. Road, Baranagar, North 24 Parganas-700036, West Bengal Do Herby Declare That I Have Changed My Name From Pranay Pallob (Old Name) To Pranay Pallob (New Name) And Henceforth I Shall Be Known As Pranay Pallab (New Name) In All Purpose, Vide Affidavit No 17 Sworn Before The Notary Public At Kolkata On 20/08/2026. Pranay Pallab (New Name) And Pranay Pallob (Old Name) Both Are Same And One Identical Person.

Name Change
I, Sakirunnechha Molla (Old Name), Wife Of Mokaddesh Molla, Resident Of Kirtankhola, Po - Kripalpath, Ps - Kultali, South24 Parganas- 743337, West Bengal Do Herby Declare That I Have Changed My Name From Sakirunnechha Molla (Old Name) To Sakerunnesha Molla (New Name) And Henceforth I Shall Be Known As Sakerunnesha Molla (New Name) In All Purpose, Vide Affidavit No 23 Sworn Before The Notary Public At Kolkata On 21/08/2026. Sakerunnesha Molla (New Name) And Sakirunnechha Molla (Old Name) Both Are Same And One Identical Person.

Name Change
I, Mokaddesh Molla (Old Name), Son Of Manchur Molla, Resident Of Kirtankhola, Po - Kripalpath, Ps - Kultali, South24 Parganas - 743337, West Bengal Do Herby Declare That I have changed my name from Sajid Sharar Alimondal (Old Names) to Sajid Sharar Alimondal (New Name) and henceforth shall I be known as Sajid Sharar Alimondal (new name), as declared Before The Notary Public at Kolkata, vide an affidavit dated 21/08/2026. Sajid Sharar Alimondal (old names) all are same and one identical person.

Name Change
I, Md Arsad Ali Dafader (old name), S/O Juman Dafadar, residing at Vill-Narayanpur, P.O.- Soladana, P.S.- Basirhat, Dist.- North 24 Parganas, Pin-743429, West Bengal, India, do hereby declare that I have changed my name from Md Arasad Ali Dafader (Old Name) to Md Arsad Dafadar (New Name) and henceforth shall I be known as Md Arasad Dafadar (new name), as declared Before The Notary Public at Kolkata, vide an affidavit dated 21/08/2026. Md Arasad Dafadar (new name) and Md Arasad Ali Dafader (old name) both are same and one identical person.

Name Change
I, Md Jilani (old name), S/O Md Rahamatulla Ansari, residing at New Panchur Molla Para, Maheshstala (M), Bidhargarh, South 24 Pgs, Pin- 700066, West Bengal, India, do hereby declare that I have changed my name from Md Jilani (Old Name) to Md Jilani Ansari (New Name) and henceforth shall I be known as Md Jilani Ansari (new name), as declared Before The Notary Public at Kolkata, vide an affidavit dated 21/08/2026. Md Jilani Ansari (new name) and Md Jilani (old name) both are same and one identical person.



BJP State President, along with district leadership and party workers, attended the training program for party functionaries held in Howrah as part of the "Pandit Deendayal Upadhyaya Training 2026 Mega Campaign."

MLA Shikha Chatterjee prevents land grabbing in Dabgram-Phulbari!



Local MLA Shikha Chatterjee stopped land grabbing in Dabgram-Phulbari by reaching the spot. In addition, she had to call NJP police station to stop construction work on another government land. Despite preventing the grabbing of government land at two places on the same day, questions have started to arise about the growth of mafias even during this period.

On Saturday afternoon, Dabgram-Phulbari MLA Shikha Chatterjee was holding a discussion with a few people at the MLA's office. At that time, a local resident informed the MLA that unidentified individuals had begun encroaching upon the land allocated for a sub-health centre at Thakurnagar on the Eastern Bypass. Upon receiving this information, Shikha Chatterjee immediately rushed to the site with her associates, but by then, the encroachers had already fled the area.

It was on this very day that Shikha Chatterjee received news that a local warehouse owner had once again begun construction work on government land at Adhikar Palli, near Sahudangi.

The MLA immediately called NJP police station and asked to stop the work. The police went and investigated and stopped the work. According to the locals, a godown owner in Adhikar

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বিজ্ঞপ্তি
আমার মক্কেল মনোজা ভক্ত, সুজীতা দাস, লাবনী দাস, দীপাধিতা মল্ল ও জয়ীতা দাস গত ইংরাজী ০৩/১১/২৫ তারিখ ডি.এস. আর-৩ রেজিস্ট্রিকৃত ১২১৩/২৫ দলিল মূলে দাতা সন্তান মন্ডল এর নিকট ইহতে পক্ষে আমোক্তার নিযুক্ত সুইপ রিয়েল এস্টেট প্রাইভেট লিমিটেড এর পক্ষে ডাইরেক্টর আসাদুল গাজী ইংরাজী ০৪/০৩/২৬ তারিখে এ.ডি.এস. আর-বিশ্বপুর রেজিস্ট্রিকৃত ১৪১২/২৫ নং আমোক্তার দলিল মূলে বরদা করিয়া বর্তমানে দলল আছেন। থানা বিশ্বপুর, মৌজা নহাজারী, জে.এল নং- ১৪, এল. আর দাগ নং- ৭৪৬৩ এল.আর. বখিয়ান নং- ৪৪৯৬৪ জমির পরিমাণ- ২০.৫০ শতক জমি বিক্রয় করেন, তাহা সকলকে অগোচর করা হইল। ধনঞ্জয় সরদার এ্যাডভোকেট আলিপুর পুলিশ কোর্ট

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আমার মক্কেল মিলনা দেবী গত ইংরাজী ২০/০৬/২৫ তারিখ এ.ডি.এস. আর-বিশ্বপুর রেজিস্ট্রিকৃত ৩৪২৮/২৫ দলিল মূলে দাতা সন্তান মন্ডল এর নিকট ইহতে পক্ষে আমোক্তার নিযুক্ত সুইপ রিয়েল এস্টেট প্রাইভেট লিমিটেড এর পক্ষে ডাইরেক্টর আসাদুল গাজী ইংরাজী ০১/০৩/২৪ তারিখে এ.ডি.এস. আর-বিশ্বপুর রেজিস্ট্রিকৃত ১৪১২/২৫ নং আমোক্তার দলিল মূলে বরদা করিয়া বর্তমানে দলল আছেন। থানা বিশ্বপুর, মৌজা নহাজারী, জে.এল নং- ১৪, এল. আর দাগ নং- ৭৪৬৩ এল.আর. বখিয়ান নং- ৫০৪৮ জমির পরিমাণ- ১০.৭৫ শতক জমি বিক্রয় করেন তাহা সকলকে অগোচর করা হইল। ধনঞ্জয় সরদার এ্যাডভোকেট আলিপুর পুলিশ কোর্ট

আমোক্তারনামা সংক্রান্ত বিজ্ঞপ্তি
এতদ্বারা সকলকে জানানো যাচ্ছে যে, ১) শ্রী গোলাকনাথ গাঙ্গুলী ওরফে গোলাকনাথ গাঙ্গুলী, পিতা ওড়ুভাঙ্গা গাঙ্গুলী ওরফে মৃতদুর্ভাঙ্গা গাঙ্গুলী, ২) শ্রীমতী মাল্য গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৪) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৫) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৬) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৭) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৮) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৯) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১০) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১১) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১২) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১৩) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১৪) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১৫) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১৬) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১৭) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১৮) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ১৯) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২০) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২১) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২২) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২৩) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২৪) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২৫) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২৬) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২৭) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২৮) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ২৯) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩০) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩১) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩২) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩৩) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩৪) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩৫) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩৬) শ্রীমতী গাঙ্গুলী ওরফে মাল্য গাঙ্গুলী, স্বামী ওরফে মাল্য গাঙ্গুলী, ৩৭) শ

Ladakh eyes highest cricket stadium feat in 11,800 Ft

MI News Service, Ladakh: From the thin air of Ladakh's cold desert could rise the world's highest cricket stadium, if a feasibility study gives the go-ahead.

The Ladakh administration wants to build a cricket stadium at an altitude of 11,800 feet at Ranbirpur near Thiksey in Leh, and invited bids this month for consultancy services to prepare a detailed project report.

Officials said the proposed Ranbirpur Cricket Stadium could cost more than 100 crore. "It's still at a conceptual stage; there's nothing concrete," Ladkah public works department chief engineer Abdul Mutalib told. "If they (consultan-

cy) say it's possible, we will apply for funding to the Government of India."

In 2023, the ICC's official website termed the Dharmshala stadium in Himachal Pradesh, which has hosted international matches, as the highest cricket venue in the world. Built in 2003, it stands at an altitude of 4,780 feet.

Media reports, however, say the Chail Cricket Ground in Himachal, at 8,018 feet, is the highest. However, it functions as the playground of a military school and has never hosted an international match.

Building a cricket stadium at Leh's high altitudes and cold tem-



peratures will pose logistical challenges. If the stadium does come up, it will test the players' stamina because the thin air will tend to tire them out fast. The ball will be less likely to swing in the thin air, and will tend to travel far once a batter hits it.

Cricketers may need to acclimatise for days before being able to play a full game on the ground.

In 2023, the army's Leh-based Fire and Fury Corps, which guards the Line of Actual Control in the Ladakh sector, hosted a cricket competition for its men at 14,500 feet.

"We make the impossible possible," the army had said, releasing pic-

tures of its men playing at an "extreme high altitude" in sub-zero temperatures.

The match happened amid a continuing stand-off between Indian and Chinese troops in the Demchok and Depsang regions of eastern Ladakh, indicating the army was keen on sending an "all's well" message.

Leh lies on the western edge of the Tibetan Plateau — called the Roof of the World because of its altitude — and happens to be one of the highest permanently inhabited areas in the world. Large public structures built in the region, therefore, tend to get counted among the highest in the country, even the world.

Retd police dogs to stay with security forces

MI News Service, Mumbai: Retired police dogs in Maharashtra will now be allowed to stay with the security force for life rather than being sent to adoptive homes, following a directive by chief minister Devendra Fadnavis, officials said.

The decision came after a Home Department report noted the hardships faced by police dogs after completing 10 years of service, with some reportedly refusing food when separated from the handlers with whom they had bonded, a government release said.

Under the proposed plan, the police department will take responsibility for the dogs' food, medical care, and upkeep after retirement, ensuring support until the end of their lives, it said.

Police dogs are an important part of the force and assist in detecting explosives and narcotics, tracing crimi-



nals, carrying out search and rescue operations and locating people trapped under debris at accident and disaster sites, the officials noted.

A police dog generally

rently retired and placed with suitable adopters.

However, the Home Department's report noted that some dogs found it difficult to adjust to their new surroundings after being separated from their police handlers. In some cases, retired dogs reportedly stopped eating after being separated from the police personnel with whom they had developed a close bond during their years of service, the release said.

After receiving the report, Fadnavis directed the Home Department to make arrangements to allow retired police dogs to continue living with the police force.

"After giving 10 years of dedicated and loyal service to the police force, it is not right that such dogs should suffer. Though they are animals, we must take care of them," the CM said.

He directed the department to ensure that the dogs

can spend their post-retirement lives comfortably within the police establishment, which had been their home during their service.

Under the proposed arrangement, the police department will provide for the dogs' food, healthcare and other necessary maintenance after retirement until their death.

Police dogs generally have a remaining lifespan of only one to one-and-a-half years after completing their 10-year service. The new arrangement will allow them to remain with their handlers and the police force, ensuring that their remaining years are spent in a familiar environment, the release said.

Animal and dog lovers have welcomed the decision, calling it a sensitive step towards ensuring a dignified post-retirement life for the canine members of the police force.

BJP leaders to head GBs of 247 govt-aided colleges

MI News Service, Kolkata: The BJP government appointed MLAs and MPs belonging to the party as presidents of governing bodies at the 247 government-aided colleges across the state.

The Suwendu Adhikari government, after coming to power in Bengal in early May, had dissolved the governing bodies that were helmed by Trinamool Congress MLAs and MPs.

The state government engaged different officials of the government-aided schools as the administrators of the governing bodies at the government-aided colleges.

A higher education department official said the functions of the colleges came to a halt as the governing bodies were not being able to meet because they were yet to be reconstituted. "Now the administrative activi-

ties will resume with the reconstitution of the governing bodies under the new presidents," he said.

A principal of a government-aided college in Calcutta said that when the BJP was in the Opposition, it used to accuse Trinamool of influencing the activities of the governing bodies through MLA and MPs.

"But the BJP government did the same," the principal said.

3rd shallow-water sub hunter comes to INDIAN NAVY



MI News Service, New Delhi: State-run Cochin Shipyard Limited (CSL) delivered Mangrol, the third of eight anti-submarine warfare shallow water craft (ASW-SWC) being built for the Indian Navy at Kochi. This brings the number of these coastal submarine hunters handed over under a 16-vessel programme to seven, now moving into its most productive phase. The vessel will now undergo pre-commissioning procedures before joining the fleet. Six shallow water sub-hunters have already been commissioned. Mangrol is part of a wider surge in inductions this year. As reported earlier, the Navy expects to commission 18 warships in 2026, its largest single-year force accretion.

Mangrol, named after the coastal town in Gujarat, was launched in 2023 along with

sister ships Mahe and Malvan. Mahe, the lead ship, was delivered and commissioned last year, while Malvan was delivered in March and commissioned at Karwar in July. Five more vessels are under construction at Kochi, with deliveries expected through 2028. The inductions come amid growing Chinese underwater activity in the Indian Ocean Region (IOR), where People's Liberation Army Navy submarines and survey vessels have been deploying with increasing regularity and as Pakistan begins fielding eight Chinese-origin Hangor-class boats fitted with air-independent propulsion, which allows a conventional submarine to stay submerged far longer than a standard diesel-electric design. The lead boat, PNS Hangor, was commissioned at Sanya in China

and reached Karachi in June.

The class has more than 80% indigenous content, with systems and components supplied by Bharat Electronics, L&T Defence, Mahindra Defence Systems, the Naval Physical and Oceanographic Laboratory and over 20 Indian MSMEs. The Defence Acquisition Council (DAC) cleared 16 ASW-SWCs in December 2013 at an estimated Rs 13,440 crore. Contracts worth about Rs 6,311 crore each were signed with CSL and state-run Garden Reach Shipbuilders and Engineers (GRSE) in April 2019.

The vessels replace the four Soviet-origin Abhay-class corvettes, commissioned between 1989 and 1991. The last, INS Abhay, was decommissioned on October 6 last year, weeks before the first of the new craft from Kochi entered service.

INDIA orders removal of Google Firebase accounts

MI News Service, New Delhi: India has directed Google to shut down hundreds of accounts on its Firebase web development platform after finding a pattern of criminals misusing the service to impersonate major banks and defraud people, according to government notices and a source familiar with the matter.

Online scams have become one of India's most pressing law enforcement challenges, with Indians losing nearly \$2.4 billion in alleged cyber fraud in 2025, according to government data. For years, the government has gone after scammers by ordering their websites removed.

Of late, however, Indian officials have noticed a "pattern" that scammers are using the Google's app and website development tool Firebase, which has millions of users the world over, according to the source with direct knowledge of the matter.

The Indian Cyber Crime Coordination Centre (I4C) has directed at least 57 websites and databases that were hosted on Firebase be

taken down in August alone, saying they were being used to distribute malware and steal sensitive financial information from victims' phones, according to three notices sent to Google and reviewed by Reuters.

There was no suggestion in the notices that Google or Firebase were in any way responsible. However, Google can be held liable for the named links if they are not taken down within three hours of the notice being issued.

"Android-based malware programs are masquerading as legitimate banking services, specifically targeting Android users with credit cards. Scammers lure victims by promoting offers such as new credit cards, reward redemptions, or credit limit upgrades," I4C said in an August 17 notice to Google, directing the removals.

The source added the total number of notices sent to Google over Firebase ran into dozens in recent months, without sharing an exact number.

Alphabet-owned Google

said in a statement the company has "strict policies prohibiting the use of our services for phishing, malware, or financial fraud" and works with law enforcement, including I4C, to evaluate and act on notices.

Representatives for India's home (interior) ministry, which controls the I4C, did not respond to questions.

Firebase is used by millions of developers worldwide to build apps and host websites. It is part of Google's cloud business, which generated nearly \$25 billion in revenue in the most recent quarter.

Scam operators have been migrating to Firebase from other free tools since last year, drawn by generous free options and more capable database features, the Indian government has assessed, the source said.

Scammers are increasingly targeting India's booming digital payments ecosystem. Nearly 242 billion digital transactions were processed through India's real-time payments

system alone in the year to March 2026, making it one of the world's largest digital payments markets.

Reuters reviewed three government notices sent by I4C to Google in August, accessed through Lumen, a non-profit database where companies like Google voluntarily submit content removal requests they receive.

Seven of the 57 websites and databases asked to be removed were phishing pages created using Firebase that mimicked top Indian banks, including State Bank of India, ICICI Bank and Axis Bank. The remaining were what the government agency said were websites created to collect data stolen from victims' phones, including credit card details and one-time passwords.

The fraud described in the notices worked by getting victims to install apps that looked like legitimate banking services.

One scheme exploited by scammers was PM-KISAN, a federal government pro-

gramme that pays small farmers roughly 2,000 Indian rupees (about \$21) every four months, according to a fourth notice and the source with direct knowledge.

Websites allegedly promised recipients help in claiming their payment, asking them to download an app to redeem the money.

Then, the app sends the user's data to the scammer's Firebase database, effectively leading to a hack of the phone where scammers can access other downloaded apps and defraud customers of their funds.

The government issued one public advisory in March, without naming Firebase, but raising concerns about such malware, widely called "Android God Mode" by cybersecurity researchers, a term describing the near-total control over victims' phones.

"These malicious apps often impersonate trusted services such as banking, government and utility platforms, and trick users into installing them through links," the advisory said.

JU a centre of excellence & anti-India activities hub: DILIP GHOSH

MI News Service, Kolkata: Bengal minister Dilip Ghosh alleged that some groups engage in "anti-national activities" on the Jadavpur University campus and said such activities should not be allowed at an educational institution. To him, there is no doubt that Jadavpur University (JU) is a centre of excellence by its own merit but it has also become a pivotal centre of anti-Indian activities as well.

Ghosh said the vice-chancellor of the state-run university must take responsibility for activities taking place on the campus, while calling for peace and order after violence broke out at the university.

"There are some groups that remain active and frequently raise anti-national slogans and engage in such activities. There have also been instances of misbehaviour with the honourable governor," he told reporters.

Ghosh also said former minister Babul Supriyo had faced misbehaviour on the campus.

"Such anti-national and



anti-social activities should not be allowed at least within a university. Therefore, these kinds of activities must be

stopped," Ghosh said.

He said student politics had historically been marked by tension and that the po-

lice would have to determine what led to Thursday's violence.

"The vice-chancellor of

the university will also have to take responsibility. But there must be peace and order within the university," he said.

The comments came after a clash between members of the RSS-affiliated ABVP and Left-leaning student groups at Jadavpur University in the early hours of Thursday. Both sides accused each other of bringing outsiders onto the campus.

Several students were injured in the violence, with some taken to hospital. Fires were also reported at several locations on the university's main campus in south Kolkata.

The confrontation followed a meeting of the Faculty of Engineering and Technology Students' Union (FETSU) on Wednesday and continued late into the night, a university official said.

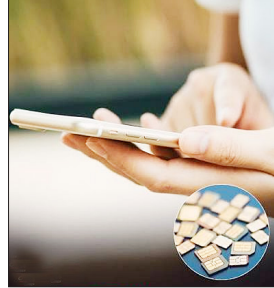
Jadavpur University Vice-Chancellor Chiranjib Bhat-tacharya termed the incident "undesirable" and said a committee would be formed to investigate the violence. He also said the entry of outsiders onto the campus after dusk had been restricted.

CENTRE directs TSPs to block connections beyond 9 SIM

MI News Service, New Delhi: The Department of Telecommunications (DoT) has directed telecom operators to deny new mobile connections to subscribers who already have nine SIM cards registered in their name, according to an official circular.

Telecom service providers (TSPs) must put in place technical and organisational measures from August 24 to identify subscribers seeking additional mobile connections beyond the prescribed limit and deny them new SIM cards.

"From August, 24, 2026, onward, TSPs (telecom service providers) shall take appropriate technical and organisational measures to identify each subscriber who seeks to obtain mobile connections beyond the prescribed limit...and communicate to him that he already has a maximum number of mobile connections permitted to an individual and accord-



ingly, a new mobile connection cannot be provided to him," the circular dated August 17 said.

The DoT has asked telecom operators to use the Digital Intelligence Platform (DIP), which was established by the department and is based on subscriber data records uploaded by telecom companies.

"Subscribers who have already obtained mobile connections beyond the prescribed limit and the details of such subscribers are available on the DIP," the circular said.

The department said a representative image of the photograph of each subscriber who has already reached the prescribed limit for mobile connections in their name would be available on the DIP from August 23.

The measure will help telecom operators identify subscribers who seek additional connections beyond the permitted limit and prevent them from obtaining further SIM cards.

The DoT has asked telecom operators to streamline the process with the DIP by November 30.

"Till the time such measures are implemented by a TSP on a post-facto basis, as per terms and conditions of the Customer Application Form (CAF), any mobile connection activated beyond the prescribed limit for a day shall be immediately suspended till resolution of the issue in respect of crossing the permitted limit for mobile connections," the circular said.

How to Start Exercising : A Beginner’s Guide to Working Out

Understanding the different types of exercises and how to incorporate them into your weekly routine can help you start exercising. Some tips, such as joining a fitness class or doing mini-workouts, can help make exercise a long-term habit.

Regular exercise plays an important role in maintaining your health.

In the short term, exercise can help improveTrusted Source your mood, mental health, and sleep, as well as manage your hormones and blood pressure levels.

In the long term, exercise can help you achieve and maintain a healthy body weight and muscle mass and reduce your risk for chronic diseases, among many other benefits.

If you’re considering starting to exercise but don’t know where to begin, this article is for you. Here’s all you need to know about starting a routine and sticking to it.

Common types of exercise

There are various types of exercise: Aerobic: Also known as cardiovascular exercise, this type of exercise refers to types of continuous movement that elevate your heart and breathing rate. Examples include swimming, running, and dancing.

Strength: These exercises focus on increasing muscle power, thickness, and strength. Examples include resistance training, plyometrics, weightlifting, and sprinting.

Calisthenics: These moves are usually performed without gym equipment using large muscle groups. They’re done at a medium aerobic pace. Examples include lunges, situps, pushups, and pullups.

High-intensity interval training (HIIT): This type of exercise includes

repetitions of short bursts of high intensity exercise followed by low intensity exercises or rest periods.

Boot camps: These are timed-based, high intensity circuits that combine aerobic and resistance exercises.

Balance or stability: These exercises are designed to strengthen muscles and improve body coordination. Examples include Pilates, tai chi poses, unilateral exercises, and core-strengthening exercises.

Flexibility: These types of exercises help muscle recovery, maintain range of motion, and prevent injuries. Examples include yoga or individual muscle-stretch movements.

These activities can be done individually or combined. The important thing is to do what works best for you and to have fun with it.

Common types of exercise include aerobic, strength, calisthenics, HIIT, boot camps, flexibility, and stability. You can do them individually or combined.

How to get started

It’s essential to consider a few things before starting a new workout routine.

1. Check your health

It’s important to speak with a health-care professional and get a physical examination before starting an exercise routine.

This is particularly important for those new to strenuous and vigorous physical activities.

An early checkup can detect any health problems or conditions that could put you at risk for an injury during exercise.

It can also help you optimize your workout, making it easier for you and a personal trainer (if you choose to work with one) to understand your limitations and create an exercise plan tailored to

your particular needs.

2. Make a plan and set realistic goals Once you decide to start exercising regularly, try to create a plan that includes attainable steps and goals.

One way to do this is to start with a plan of easy steps to follow. Then you can continue building on it as your fitness level improves.

For example, if your goal is to finish a 5-kilometer run, you can start by building a plan that includes shorter runs. Once you can finish those short runs,



increase the distance until you can run the whole 5 kilometers in one session.

Starting with small, achievable goals will help increase your chances of success and keep you motivated throughout the process.

3. Make exercise a habit

Another key component of exercise success is to build a routine that you enjoy and can maintain over the long term.

Research suggests that you’re more likely to maintain an exercise routine long-term if:

it’s enjoyable you recognize or “feel” the benefits you make it a habit and do it regularly Forming new exercise habits can feel challenging, especially if this is a big change from your current lifestyle. Many people also feel like they don’t have enough time to exercise.

Consider looking at your current schedule to see where you can add at

least 30 minutes of exercise daily. Common times include working out first thing in the morning, on your lunch break, or right after work.

If you can’t find a 30-minute block, try incorporating at least three 10-minute mini-workouts throughout the day.

Creating a sustainable exercise schedule or exercising at the same time every day can help you make it a habit.

It’s important to choose a time that works best for you. How much time should I exercise each week? The Physical Activity Guidelines for Americans provides the following weekly recommendationsTrusted Source as a minimum to help maintain physical and cognitive function and prevent chronic conditions:

Aerobic: At least 150 minutes of moderate intensity cardiovascular exercise or 75 minutes of high intensity exercise. Resistance: At least two weekly sessions of resistance training that target all of the muscle groups.

1-week sample exercise program

Here is an easy-to-follow, 1-week exercise program that doesn’t require equipment and will take you 30 to 45 minutes a day to complete.

This program can be adjusted to your fitness level and made as challenging as you want. Monday: 40-minute moderate-pace jog or brisk walk. Tuesday: Rest day. Wednesday: Walk briskly for 10 minutes. Then, complete the following circuits, resting 1 minute after each set but not between exercises. Stretch afterward.

Circuit #1: 3 sets alternating 10 lunges for each leg, 10 pushups, 10 situps

Circuit #2: 3 sets alternating 10 chair-dips, 10 jumping jacks, 10 glute bridges

Thursday: Rest day.

Friday: 30-minute bike ride or moderate-pace jog.

Saturday: Perform Wednesday’s strength training circuit or another bodyweight strength training circuit.

Sunday: Take a long walk for 40 min-

utes.

The 1-week program above is just a simple sample to get you started. For more workout ideas and plans, check out the following links:

20-minute workout for beginners

30 moves to make the most of your at-home workout for various skill levels

6 low impact cardio exercises in 20 minutes or less

13 moves to help build cardio and strength fitness.

A few tips for beginners

1. Stay hydrated

Drinking fluids throughout the day is essential for maintaining healthy hydration levels.

The Academy of Nutrition and Dietetics provides the following recommendations for adult daily water consumption:

Men: 15.5 cups (3.7 liters)

Women: 11.5 cups (2.7 liters)

Replenishing fluids during exercise is essential for maintaining optimal performance, preventing injury, and maximizing recovery. This is especially true when exercising in hot temperatures.

2. Optimize your nutrition

Eating a well-balanced diet is one of the most importantTrusted Source aspects of preventing chronic conditions and maintaining a healthy-for-you weight. Eating the right foods can also help boost your energy levels to maximize your workouts and provide nutrients that support muscle recovery and growth. For instance, carbohydrates can help fuel your muscles before exercise, especially high intensity exercise that lasts longer than 1 hour. Eating carbs after exercise can also replenish glycogen stores and assist with the absorption of amino acids into your muscles during recovery.

Study reveals how new breast imaging tech transforms cancer diagnosis

ILLINOIS [US] : A new breast imaging technique detects cancer with high sensitivity while significantly lowering the likelihood of false-positive results, according to a study published today in Radiology: Imaging Cancer, a journal of the Radiological Society of North America.

Researchers believe the method can deliver more reliable breast cancer screening to a larger range of individuals. Mammography is an effective new breast imaging technique detects cancer with high sensitivity while significantly lowering the likelihood of false-positive results, according to a study published today in Radiology: Imaging Cancer, a journal of the Radiological Society of North America. The screening method for early detection of breast cancer; however, its sensitivity is reduced in dense tissue due to the masking effect of dense fibroglandular tissue.

Because nearly half of the screening population has dense breasts, many of these individuals require further breast imaging, usually with an MRI, following mammography. Low-dose positron emission mammography (PEM) is a novel molecular imaging technique that provides improved diagnostic performance at a radiation dose comparable to that of mammography. For the study, 25 women, median age 52, recently diagnosed with breast cancer, underwent low-dose PEM with the radiotracer fluorine 18-labeled fluorodeoxyglucose (18F-FDG). Two breast radiologists reviewed PEM images taken one and four hours post-18F-FDG injection and correlated the findings with lab results.

PEM displayed comparable performance to MRI, identifying 24 of the 25 invasive cancers (96 per cent). Its false-positive rate was only 16 per cent, compared with 62 per cent for MRI. Along with its strong sensitivity and low false-positive rate, PEM could potentially decrease downstream healthcare costs, as this study shows it may prevent further unnecessary work compared to MRI. Additionally, the technology is designed to deliver a radiation dose comparable to that of traditional mammography without the need for breast compression, which can often be uncomfortable for patients. “The integration of these features—high sensitivity, lower false-positive rates, cost-efficiency, acceptable radiation levels without compression, and independence from breast density—positions this emerging imaging modality as a potential groundbreaking advancement in the early detection of breast cancer,” said study lead author Vivianne Freitas, MD, MSc, assistant professor at the University of Toronto.

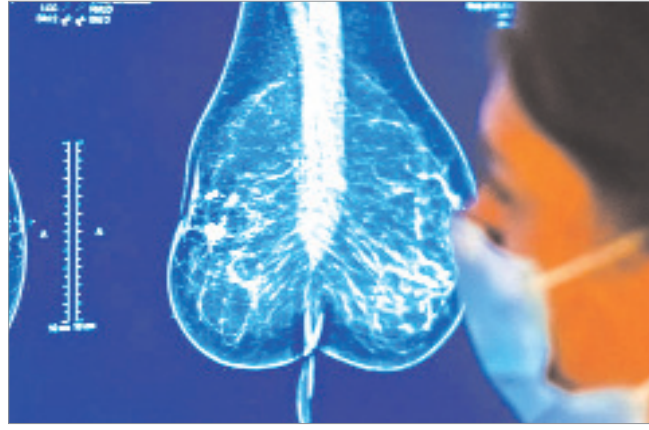
“As such, it holds the promise of transforming breast cancer diagnostics and screening in the near future, complementing or even improving current imaging methods, marking a significant step forward in breast cancer care.”

Low-dose PEM offers potential clinical uses in both screening and diagnostic settings, according to Dr Freitas.

“For screening, its ability to perform effectively regardless of breast density potentially addresses a significant shortcoming of mammography, particularly in detecting cancers in dense breasts where lesions may be obscured,” she said.

“It also presents a viable option for patients at high risk who are claustrophobic or have contraindications for MRI.

The technology could also play a crucial role in interpreting uncertain mammogram results, evaluating the response to chemotherapy, and ascertaining the extent of disease in newly diagnosed breast cancer, including involvement of the other breast. Dr Freitas, who is also a staff radiologist in the Breast Imaging Division of the Toronto Joint Department of Medical Imaging, University Health Network, Sinai Health System, and Women’s College Hospital, is currently researching PEM’s ability to reduce the high rates of false positives typically associated with MRI scans. “Should PEM successfully lower these rates, it could significantly lessen the emotional distress.



High blood pressure linked with environmental contamination by tellurium: Study

Nagoya, Japan : Higher amounts of tellurium, a pollutant transported from mining and manufacturing to foods, increase the risk of having high blood pressure (hypertension). Improved monitoring of tellurium levels in certain meals may help reduce high blood pressure in the general population.

The study was led by Nagoya University in Japan. According to Takumi Kagawa, one of the researchers involved in the study, the findings are significant as they indicate that tellurium exposure may contribute to elevated blood pressure, a significant public health concern. “The results indicate diet was the most significant contributor to increased urinary tellurium levels, compared to other lifestyle factors, such as smoking and working status, and physiological factors, such as age and sex. Dietary intake, an important aspect of our lifestyle, plays a significant role in increased urinary tellurium concentrations.” The Journal Environment International published the findings of research looking at the link between tellurium exposure and hypertension. In Japan, cereals and



legumes, represented by rice and natto (fermented soybeans), are popular dietary choices. These foods are packed with essential nutrients, such as high-quality carbohydrates, vitamins, and minerals, that support a person’s health. However, tellurium, a rare metalloid, can also be present in these foods. Mining and manufacturing activities release dust, ash, and slag, which are responsible for the presence of tellurium in the soil. In certain cases, it can be transferred from the soil to crop plants, such as cereals, carrots, and garlic. Consequently, people are exposed to tellurium through food. The study conducted by Professor Masashi Kato, Takumi Kagawa, and their colleagues involved 2,592

Japanese adults. It revealed that higher levels of tellurium in urine were associated with higher blood pressure and a greater occurrence of hypertension. The results were the same in both mice and humans. “We administered tellurium to mice in amounts equivalent to what humans might encounter daily and observed an increase in blood pressure,” Tomoko Misawa, the lead author of the study, explained. “When we stopped the exposure, both the blood pressure and the tellurium levels in their urine decreased. These results provide a direct link between tellurium exposure and increased blood pressure, confirming findings in humans.” Professor Kato and his team also

studied foods that raise the levels of tellurium in urine. They discovered that the consumption of cereals and legumes caused high levels of tellurium, but further testing did not establish a direct link to high blood pressure rates. We found that despite raising tellurium levels in the urine, cereal/legume intake did not directly increase the risk of hypertension,” said Takumi Kagawa. “Cereals/legumes may contain many diverse nutrients that can mitigate the risk of hypertension despite high levels of tellurium. However, considering that increased tellurium exposure is a latent risk factor for hypertension and foods contribute to this association, careful and continuous monitoring of tellurium levels in individual foods may be crucial.” The urinary level of tellurium in this study was comparable with the levels in general populations in other countries,” Professor Kato said. “Our results indicate an increased potential risk of hypertension by tellurium exposure may be applicable to general populations all around.

LIGHT THERAPY HELPS IN BRAIN CONNECTIVITY FOLLOWING INJURY

ILLINOIS [US] : A study suggests that low-level light treatment may have an impact on the healing process in the brains of individuals who have experienced serious brain injuries.

The findings of the study were published in Radiology, a journal of the Radiological Society of North America (RSNA).

The ability of various wavelengths of light to heal wounds has been researched for many years. Low-level light treatment was used by researchers at Massachusetts General Hospital (MGH) on 38 patients who had experienced moderate traumatic brain injury, which is defined as a head injury severe enough to affect cognition and/or be detectable on a brain scan. Within 72 hours of their injury, patients underwent light therapy using a near-infrared light-emitting helmet.

“The skull is quite transparent to near-infrared light,” said study co-lead author Rajiv Gupta, M.D., Ph.D., from the Department of Radiology at MGH. “Once you put the helmet on, your whole brain is bathing in this light.”

The researchers used an imaging technique called functional MRI to gauge the effects of the light therapy. They focused on the brain’s resting-state functional connectivity, the communication between brain regions that occurs when a person is at rest and not engaged in a specific task. The researchers compared MRI results during three recovery phases: the acute



phase of within one week after injury, the subacute phase of two to three weeks post-injury and the late-subacute phase of three months after injury.

Of the 38 patients in the trial, 21 did not receive light therapy while wearing the helmet. This was done to serve as a control to minimize bias due to patient characteristics and to avoid potential placebo effects.

Patients who received low-level light therapy showed a greater change in resting-state connectivity in seven brain region pairs during the acute-to-subacute recovery phase compared to the control participants.

“There was increased connectivity in

those receiving light treatment, primarily within the first two weeks,” said study coauthor Nathaniel Mercaldo, Ph.D., a statistician with MGH. “We were unable to detect differences in connectivity between the two treatment groups long term, so although the treatment appears to increase the brain connectivity initially, its long-term effects are still to be determined.”

The precise mechanism of the light therapy’s effects on the brain is also still to be determined. Previous research points to the alteration of an enzyme in the cell’s mitochondria (often referred to as the “powerhouse” of a cell), Dr. Gupta said. This leads to more production of adeno-

sine triphosphate, a molecule that stores and transfers energy in the cells. Light therapy has also been linked with blood vessel dilation and anti-inflammatory effects. “There is still a lot of work to be done to understand the exact physiological mechanism behind these effects,” said study coauthor Suk-tak Chan, Ph.D., a biomedical engineer at MGH. While connectivity increased for the light therapy-treated patients during the acute to subacute phases, there was no evidence of a difference in clinical outcomes between the treated and control participants.

Additional studies with larger cohorts of patients and correlative imaging beyond three months may help determine the therapeutic role of light in traumatic brain injury.

The researchers expect the role of light therapy to expand as more study results come in. The 810-nanometer-wavelength light used in the study is already employed in various therapeutic applications. It’s safe, easy to administer and does not require surgery or medications. The helmet’s portability means it can be delivered in settings outside of the hospital. It may have applications in treating many other neurological conditions, according to Dr. Gupta.

There are lots of disorders of connectivity, mostly in psychiatry, where this intervention may have a role,” he said. “PTSD, depression, autism: these are all promising areas for light therapy.”

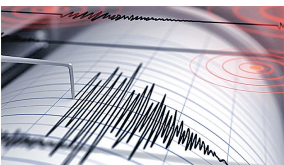
Moderate earthquake shakes Japan, more than 30 injured

MI News Service, Tokyo: A moderate earthquake rattled eastern Japan, including the Tokyo area, early Sunday, injuring more than 30 people, most of them lightly, officials said. There was no danger of a tsunami.

According to the Japan Meteorological Agency, the quake occurred in the southern Ibaraki prefecture, at a depth of 70 kilometers (42 miles), an area of Japan prone to frequent quakes. The U.S. Geological Survey recorded a preliminary magnitude of 5.8.

At least 37 people were injured in five prefectures in the region — 15 in Tokyo, nine in Saitama, eight in Kanagawa, four in Chiba and one in Ibaraki — according to prefectural officials and the Fire and Disaster Management Agency.

Most of the injured were hurt when they fell down or hit themselves against furniture or doors as they were caught off guard by the quake while sleeping and got out of bed in a panic, officials said. Among them was a



woman in her 80s who fell off the bed and suffered a serious hip injury in Yokohama, in the Kanagawa prefecture.

A 23-year-old man told the media that he felt a vertical jolt seconds after his earthquake alert went off when he was shopping in Tokyo's eastern district of Taito. He said he feared getting hit by merchandise that fell from shelves as the building shook.

The quake caused delays to express trains serving Tokyo and Narita Airport and other local trains serving northeastern regions, but Shinkansen bullet trains were running normally, their operator East Japan Railway Co. said.

The government set up a task force to assess the extent of possible damage, Prime Minister Sanae Takaichi said on X.

Roadside explosion in Pakistan's Balochistan, one killed

MI News Service, Quetta : A security official was killed and six others injured when a roadside bomb struck security vehicles in Pakistan's southwest Balochistan province, police said on Sunday.

The explosion occurred in the Khad Kocha area of Mastung district along the Quetta-Karachi National Highway on Saturday, when an explosive device planted near the road was detonated as a security convoy passed through the area, police officials said.

One vehicle was hit in the blast, while other vehicles remained safe, according to a police statement.

An exchange of fire followed the explosion, but the attackers fled before additional security personnel arrived at the scene, the statement said.

The body of the deceased security personnel and the injured were shifted to a nearby hospital, reports Xinhua news agency.



Authorities temporarily closed the highway and launched a search operation to trace those involved in the attack.

This comes close on the heels of repeated attacks by the Baloch armed groups on the Pakistani forces across Balochistan. Recently, the Baloch Liberation Army (BLA) announced that its fighters took "complete control" of Saranan town in Balochistan's Pishin district during an operation in which a police station was blown up.

According to a media report, government offices were also set ablaze, and several police personnel were briefly detained. Citing sources, The Balochistan Post reported that during the attack on Thursday, the BLA fighters seized arms and ammunition from the police station before destroying the building with explosives. They also set fire to several government offices, including the National Database and Registration Authority (NADRA) office.

Zelensky rejects wartime elections

MI News Service, Kyiv: President Volodymyr Zelensky said in remarks made public Sunday that it would be too dangerous for Ukraine to hold an election while it fights Russia's invasion, after a call by his former defence minister to organise a vote.

"I believe that in a war like this, elections as such are a huge risk. Elections right now are a tsunami for the country that will split Ukraine," Zelensky said in the comments.

Ukraine has suspended elections under martial law, a measure still widely supported by the population as the country focuses on fighting off Russian forces.

"If we want to destroy the country, then we can move in the direction of elections during these times of war," the 48-year-old leader added.

The latest upheaval saw thousands take to the streets after Zelensky fired his defence minister, Mykhailo Fedorov.

The ousted Fedorov this week made a surprise call to find a way to organise a vote — but without offering a roadmap, and prompting even some of his supporters to distance themselves from him.

Experts have cited a flurry of obstacles, including how soldiers, millions of Ukrainian refugees and people from occupied territories would vote, as well as disinformation threats from Russia.

Only 15 percent of Ukrainians believe elections should be held before the end of hostilities, according to a poll by the Kyiv Institute of Sociology.



Zelensky made numerous jab at his opponent during the briefing.

"I believe he is going himself -- or is being pushed -- toward wrong things," Zelensky said of Fedorov. The former minister had pushed for reforms but clashed with the military's command and their traditionally stiff approach.

The public initially took his side and pushed for the dismissal of commander-in-chief Oleksandr Syrsky. Zelensky said people had the right to protest but warned against "disrespectful" attitudes to military people. "Since when has marketing started to outweigh the people who are giving their lives?" he said.

After a political crisis that had weakened him, Zelensky was able to cast himself as a rampart against division. "I believe that society and soldiers must not be divided," he said, "We must acknowledge that there is this risk -- that there may be movement in that direction, toward dangerous developments."

Tehran warns countries against participating in the US 'economic war' against Iran

MI News Service, Tehran: Iran on Saturday warned countries against participating in the United States "economic war" against the Islamic republic, saying they would be considered enemies.

Washington has pushed its allies to jump aboard Donald Trump's new campaign to isolate the Iranian economy, as the US President's unpopular war drags toward the sixth month mark.

"We declare to all countries... do not join the economic war waged by the United States," said Mohsen Rezaei, the head of Iran's supreme national security council, on state television.

"Any country participating in the imposition of economic restrictions against us is considered an enemy," he added.

If the countries concerned refused to "distance themselves" from the United States, Iran would "harm" their interests, he



added. Rezaei also insisted that the Islamic republic had more cards to play in the war, claiming that "we have not yet attacked any American economic interests".

"So far, we have only targeted military bases, but if they want to impose economic sanctions on us, the United States has oil and economic companies around Iran and elsewhere, and we will strike them," Rezaei threatened.

Should Trump "take action, our confrontation will be like an earthquake",

he added. Washington has also called on other governments to join its efforts to isolate the Iranian economy, notably Beijing, among Iran's top strategic partners.

But China has criticised the initiative, arguing that American sanctions would not resolve the conflict in the Middle East. One of Iran's major trading partners, the United Arab Emirates, announced on Tuesday that it was suspending all trade and financial transactions with Tehran until further notice.

Sri Lanka's Tamil party calls for referendum on Constitutional amendment on judges' tenure

MI News Service, Colombo: Ilankai Tamil Arasu Kachchi (ITAK), a prominent Tamil political party in Sri Lanka, on Sunday sought a national referendum on a constitutional amendment that intends to raise the retirement age of judges.

The proposed 22nd Constitution Amendment seeks to increase the retirement age of judges from 65 to 67 years and that of the Court of Appeal judges from 63 to 65.

It also proposes increasing the retirement age of judges of the High Court, District Courts and Magistrates' Courts to 62. Article 107 of the Constitution would be amended to extend the terms of judges.

The amendment has been placed on the order book of Parliament since August 18. It is scheduled for its second reading once the Supreme Court's verdicts on the petitions challenging its constitutionality are known.

Following deliberations at ITAK's political committee, a statement said the proposed amendment concerns the sovereignty of the people and therefore needs to be placed before the public through a referendum.

Notably, the UN rapporteur on judicial independence, Margaret Satterthwaite, has warned that extending the tenure of sitting judges via an ad hoc change creates risks of executive and legislative interference.

Meanwhile, several opposition parties, which had challenged the constitutionality of the amendment, also seek a referendum in addition to a two-thirds majority in Parliament in their petitions.

The National People's Power (NPP) government of Anura Kumara Dissanayake has gone ahead with its parliamentary presentation despite opposition from the lawyers' apex body, Bar Association of Sri Lanka, members of the Judicial Service Association and even the Commonwealth Lawyers Association.

They dubbed it a "direct assault" on the independence of the country's judiciary as the executive president would be empowered with a capacity to manipulate the judiciary's functioning due to the amendment.

The government held that extending judges' terms was a necessity to clear the current backlog of over 1.1 million cases.

Latvia hit by powerful storm

MI News Service, Riga: A powerful storm swept across Latvia, bringing down large numbers of trees and severely damaging the electricity distribution network, leaving more than 160,000 customers without power.

The powerful cyclone entered Latvia from the south, bringing torrential rain and damaging winds on Saturday evening (local time). This is the most destructive storm to hit the country since January 2005. In some parts of central Latvia, rainfall during the day had already reached around half of the local monthly average.

The Latvian Environment, Geology and Meteor-

ology Centre (LEGMC) maintained a red warning for heavy rainfall in central and western Latvia on Saturday, while an orange warning for strong wind gusts covered almost the entire country.

Latvia's rail operator said several train services were delayed on Saturday evening due to the severe weather.

According to electricity distribution system operator Sadales tikls, around 1,60,000 customers were without power as of 9 p.m. Most of the damage was caused by fallen trees, and emergency crews were working to restore electricity as quickly as possible.

Sadales tikls said the

damage to the electricity network was extensive and complex, meaning repairs would take longer than usual. Some customers could remain without power for more than 24 hours.

Latvia's State Fire and Rescue Service (VUGD) said the number of weather-related emergency calls rose rapidly during the evening, with most involving trees brought down by strong winds and blocking roads.

According to local media reports, strong winds tore the roof off a building in Daugavpils, while a falling tree damaged a residential building. In Jekabpils, several vehicles were crushed by fallen trees.

Ice Make Refrigeration Reports 60% Revenue Growth in Q1 FY27; Focus Shifts to Improving Profitability

Revenue rises to Rs 178.9 crore as company continues to invest in capacity, products, digitalization, and long-term growth

MI News Service, Kolkata, August 23, 2026 : Ice Make Refrigeration Ltd. (NSE: ICEMAKE), a provider of commercial and industrial refrigeration solutions, reported a strong start to FY27 with consolidated revenue from operations rising 60.4% year-on-year to Rs 178.88 crore in the quarter ended June 30, 2026, compared with 111.50 crore in the same quarter last year.

The strong growth in revenue comes after the company reported its highest-ever annual revenue of Rs 668.20 crore in FY26. The company said it continues to see opportunities across commercial refrigeration, cold-chain and other end-user industries.

Consolidated Financial Highlights			
(Rs crore, except EPS)			
Particulars	Q1 FY27	Q1 FY26	YoY
Revenue from Operations	178.88	111.50	60.4%
EBITDA	3.09	4.53	-31.8%
EBITDA Margin	1.7%	4.1%	
Profit / (Loss) After Tax	(1.65)	(1.47)	
EPS ()	(1.04)	(0.90)	

However, profitability remained under pressure during the quarter. Consolidated profit before tax stood at a loss of Rs 2.23 crore, compared with a loss of Rs 1.84 crore in Q1 FY26. Consolidated profit after tax stood at a loss of Rs 1.65 crore, against a loss of Rs 1.47 crore in the corresponding quarter last year.

Based on the reported financial numbers, EBITDA for the quarter works out to around Rs 3.09 crore, compared with approximately Rs 4.53 crore in Q1 FY26. This translates into an EBITDA margin of around 1.7%, compared with 4.1% in the year-ago quarter.

Revenue growth remains strong. The company said the revenue growth reflects continued demand across its refrigeration and cold-chain businesses.

Ice Make manufactures and supplies cold rooms, freezers, refrigeration systems, chilling plants and related products. The company op-

erates as a single reportable business segment.

The company is also continuing to invest in manufacturing capacity, product development and operational capabilities as it looks to expand its presence across different refrigeration applications.

Focus on improving margins. While the company has delivered strong topline growth, improving profitability will remain an important focus going forward.

The management said the company is working on improving capacity utilisation, operating efficiencies, product mix and cost management. The objective is to generate better operating leverage as the investments made in recent quarters start to mature.

Rs 180 crore investment from Japan's Galilei Holdings

A key development for Ice Make is its proposed strategic partnership with Galilei Holdings Co. Ltd., a Japanese company listed on the Tokyo Stock Exchange.

Under the proposed transaction, Galilei will invest Rs 180 crore in Ice Make through a preferential issue of equity shares, while Ice Make will raise a further Rs 10 crore from other investors.

The companies have also proposed a 60:40 joint venture, with Galilei holding 60% and Ice Make holding 40%. The JV will focus initially on manufacturing, marketing and distribution of commercial upright refrigerators, commercial table refrigerators and related refrigeration products.

The proposed fund raise is expected to be used for capacity expansion and modernisation, investment in the proposed joint venture, completion of the company's Corporate Office, Centre of Excellence and Development & Testing Laboratory, repayment or prepayment of certain borrowings and selective inorganic growth opportunities.

Management Commentary. Chandrakant P. Patel, Chairman & Managing Director, Ice Make Refrigeration Ltd., said:

Regulation Of Trains Due To Developmental Work In Adra Division

MI News Service, Kolkata, August 23, 2026 : In view of developmental works in Adra Division, the following trains will be regulated as under:

Cancellation of Trains:

- (1) 68046/68045 Asansol-Adra-Asansol MEMU on 24.08.2026 and from 26.08.2026 to 30.08.2026.
- (2) 68090/68089 Adra-Midnapore-Adra MEMU on 25.08.2026, 28.08.2026 and 30.08.2026.
- (3) 68077/68078 Adra-Bhaga-Adra MEMU on 30.08.2026.
- (4) 63594/63593 Asansol-Purulia-Asansol MEMU on 24.08.2026, 27.08.2026 and 28.08.2026.

Short Termination/Short Origination of Trains:

- (1) 18116/18115 Chakradharpur-NSCB Gomoh-Chakradharpur MEMU journey commencing on 25.08.2026, 28.08.2026 and 30.08.2026 will be short terminated at/short originated from Mahuda.
- (2) 68056 Tatanagar-Asansol MEMU journey commencing on 28.08.2026 and 30.08.2026 will be short terminated at Adra.
- (3) 68060 Asansol-Barabhum MEMU journey commencing on 28.08.2026 and 30.08.2026 will be short originated from Adra.
- (4) 18035/18036 Kharagpur-Hatia-Kharagpur Express journey commencing on 26.08.2026, 28.08.2026 and 29.08.2026 will be short terminated at/short originated from Adra.
- (5) 63594/63593 Asansol-Purulia-Asansol MEMU journey commencing on 25.08.2026, 26.08.2026 and 29.08.2026 will be short terminated at/short originated from Adra.

A Healing Hand On The Holy Path: Eastern Railway Stands By Shravani Mela Pilgrims With 24 7 Medical Care

MI News Service, Kolkata, August 23, 2026 :

As thousands of devotees undertake the arduous Shravani Mela pilgrimage, Eastern Railway's dedicated medical teams at Jasidih and Deoghar stations are working 24/7 to deliver prompt, compassionate care to pilgrims battling physical exhaustion, dehydration, and injuries.

Under the visionary leadership and spiritual commitment of Ms. Gitika Pandey, General Manager, Eastern Railway, and the guidance of Shri Sangrah Mautrya, Divisional Railway Manager, Asansol Division, Railway medical teams remain on round-the-clock alert to provide timely care to pilgrims and address health concerns arising from prolonged walking, physical exertion and fatigue.

Medical staff at the Deoghar First Aid Booth provided advanced wound care for severe foot injuries to devotees suffering from extensive, ruptured friction blisters across the forefoot and toes caused by prolonged barefoot walking. The team thoroughly cleaned, irrigated and dressed the exposed raw areas with sterile, non-adherent padding, administered analgesics, assessed the need for tetanus prophylaxis, and provided essential guidance for proper recovery.

At Jasidih, railway staff swiftly arranged wheelchair assistance for a disoriented pilgrim requiring emergency care



for heat exhaustion and disorientation. At the Jasidih Health Unit, doctors stabilized him with Oral Rehydration Solution (ORS), close clinical observation and supportive care, successfully restoring his alertness before safely reuniting him with his family.

Keeping pilgrim healthcare and well-being as a priority, Dr. Nataraj Basappa, Principal Chief Medical Director, Eastern Railway, is closely monitoring medical arrangements at Jasidih and Deoghar during the ongoing Shravani Mela. Through repeated visits to medical and first-aid centres, he has reviewed facilities, interacted with pilgrims and patients, and assessed the preparedness of medical teams to provide prompt treatment and immediate assistance.

These instances reflect Eastern Railway's unwavering commitment to timely medical

intervention, continuous monitoring and compassionate care for pilgrims during the Shravani Mela. From treating foot injuries to managing dehydration, exhaustion and other health concerns, prompt medical attention helps prevent complications and ensures a safer, healthier and more comfortable pilgrimage experience for every devotee.

Highlighting the railway's commitment, Shri Shibram Majhi, Chief Public Relations Officer, Eastern Railway, stated: "Passenger and pilgrim safety remains our foremost priority. Eastern Railway's responsibility goes far beyond transit—through dedicated medical teams, prompt wheelchair assistance, and compassionate care, we strive to stand beside every devotee. We are reaching the spiritual hearts of thousands by providing care, compassion and a helping hand at every step."

2nd Test: Padikkal's second ton, Gill's fifty put India slightly ahead of Sri Lanka

COLOMBO : Devdutt Padikkal continued his sublime run by hitting a brilliant second Test century before Sri Lanka hit back late with the second new ball to restrict India to 300/5 in 85 overs at stumps on Day One of the second Test at the Sinhalese Sports Club (SSC) Ground in Colombo on Sunday.

After electing to bat first on winning the toss, India looked set to dominate after Padikkal (117) and Ravindra Jadeja (43) added a 74-run partnership in the final session. Padikkal, who was dropped twice on zero and one, brought up his second Test hundred in consecutive matches with a series of precise cuts, which was his most productive shot of the day, off Prabath Jayasuriya, before accelerating after reaching the milestone.

The highlight of the day was Padikkal's quiet authority, with his technique and temperament adding immense depth and putting the long-standing debate around India's number three spot comprehensively to rest.

Though he endured a few nervous moments and survived a couple of dropped catches early in his innings, Padikkal swiftly locked in to become a deeply calming presence at the crease. The highlight of his mastery was his method against the spinners -- judging length exceptionally early and playing late off the back foot.

Though Asitha Fernando's three-wicket haul has kept Sri Lanka in the game, India are well-poised to get a big first-innings total, thanks to Dhruv Jurel and debutant Saransh Jain unbeaten at the crease on seven and four respectively. Apart from Padikkal hitting 12 boundaries in his sublime knock, skipper Shubman Gill hit his first fifty in Sri Lanka off 108 balls, laced with six boundaries.

In the morning, batting first on a pitch giving ample assistance to seamers, Yashasvi Jaiswal and KL Rahul made a steady start, as 30 of their opening stand of 37 runs came via boundaries mainly. Against the seamers who got enough seam movement, the modus operandi was to get boundaries via drives on fuller balls.

But Rahul was set up by short-pitched deliveries before nicking behind off a lazy cut off wicketkeeper Niroshan Dickwella off Lahiru Kumara's bowling to fall for 18. Padikkal joined Jaiswal



but endured a nervous initiation. Before opening his account, Padikkal was dropped at backward point off Kumara as Sonal Dinusha failed to hold on to the catch.

Sometime later, Padikkal earned a reprieve when captain Dhananjaya de Silva split a regulation chance at slip against off-spinner Keshara Nuwantha. At the other end, Jaiswal stepped up the aggression in the 17th over by dispatching Fernando for three consecutive boundaries - an elegant drive past mid-on was followed by a ramp over slip, and a swivel pull through backward square leg.

But Fernando had the last laugh on the final ball of the over by nipping one back off the seam to castle Jaiswal for 45. A fiery send-off from the pacer led to a tense and ugly face-to-face verbal altercation with Jaiswal, where a bit of shovelling and headbutting via Jaiswal's helmet also happened.

It's something that can attract a huge fine for Jaiswal from match referee Andy Pycroft. De Silva then intervened and separated the two before Jaiswal walked off the field. Gill joined Padikkal and safely negotiated the remaining overs to take India to the lunch break without further damage.

Resuming after lunch, Gill and Padikkal continued to build steadily against an increasingly frustrated Sri Lankan attack. Padikkal, who survived an early short-pitched bowling test, settled down and brought out the drive, pull and cuts to reach his fifty off 90 balls by crunching a boundary through the covers off Prabath Jayasuriya.

The pair brought up their century stand off 168 deliveries as Sri Lanka resorted to negative tactics, with spinners Jayasuriya and Keshara Nuwantha firing deliveries down the leg stump to test the batters' patience. It meant multiple wides were called and forced the spinners back onto bowling a competitive line.

Gill, who managed just 16 and eight in the series opener in Galle, was fluent in his front-foot play to reach his ninth Test half-century off 99 balls by flicking through fine leg for a single. Just as India looked set to complete a wicketless session in the Colombo heat, Fernando produced a breakthrough against the run of play.

Pitching one on back on a length and wide of off stump, Fernando induced a loose slash from Gill, and had him edging behind to wicketkeeper Niroshan Dickwella, who clung on to the catch on the second attempt.

Fernando almost got his second wicket when he struck Pant low on the pad with a full, inswinging delivery. But the umpire turned down the vociferous appeal, with replays suggesting the angle would have carried the ball past leg stump, as the tea break arrived.

The final session began with a big blow for India when wicketkeeper-batter Rishabh Pant was forced to retire hurt after taking a sharp hit on a Lahiru Kumara bouncer to his left wrist. Pant's availability for the remainder of the match remains uncertain, though he was padded up later in the evening. After that, Jadeja arrived and got his boundaries by picking the length quickly. Padikkal, on the other hand, continued his smooth run by getting his second consecutive century and got loud applause from the dressing room. With Padikkal nailing his backfoot cuts, the pressure on Sri Lanka to get a breakthrough became huge.

Skipper Dhananjaya de Silva's move to bring back off-spinner Keshara Nuwantha paid immediate dividends when Nuwantha pushed a 91kph quicker delivery from around the wicket and beat Padikkal's back-foot defence to crash into off-stump and dismiss him for 117.

Jurel then joined Jadeja, who was battling severe left-arm cramps and required multiple visits from the Indian team physio after being hit there. Jadeja survived until the 85th over, when Asitha Fernando breached his defence with the second new ball through a picture-perfect inswinger from around the wicket, as the batter offered no shot. Jain immediately got off the mark with a late cut to the backward point boundary, and brought up the 300-run mark for India in the final over of the day, before stumps arrived. Sri Lanka's fast bowlers laboured in hot and humid conditions, but Fernando's late strike ensured the hosts ended a compelling day's play on equal footing.

Brief scores:
India 300/5 in 85 overs (Devidutt Padikkal 117, Shubman Gill 50; Asitha Fernando 3-46, Lahiru Kumara 1-38) against Sri Lanka

FIH Hockey WC: India face must-win Argentina clash with semis hopes hanging by a thread

AMSTELVEEN : India's hopes of reaching the semifinals of the FIH Hockey World Cup 2026 are hanging by a thread, with the Harmanpreet Singh-led side needing a big win against Argentina and favourable results in the other Pool E match to stay alive in the tournament.

India suffered a 1-3 defeat against defending champions and hosts the Netherlands in their opening match of the second stage, leaving them without a point and at the bottom of Pool E with a goal difference of -4.

The final round of Pool E matches on Monday will see India take on Argentina at the Wagener Stadium, while England face the Netherlands. The Netherlands currently lead the pool with six points, while England and Argentina have three points each.

India therefore need to beat Argentina convincingly and hope England lose to the Netherlands to have any chance of finishing among the top two and progressing to the semifinals.



A three-goal victory would take India to three points and improve their goal difference to -1, while Argentina's would fall to -3. In that scenario, England would also need to lose by at least two goals to the Netherlands, taking their goal difference to -2 and allowing India to move ahead of both Argentina and England. India have another possible route if they can produce an even bigger victory. A four-goal win over Argentina would mean any defeat for England against the Netherlands would be enough to take India through.

However, England cannot draw, as a point would take them to four points and put them beyond India's reach.

The permutations underline the difficult task facing India, but the team will need to concentrate on controlling what is within its hands, starting with finding greater consistency in attack.

Captain Harmanpreet has been among India's leading performers, scoring six goals and sharing the tournament's top-scorer spot with Argentina's Tomas Domene.

However, India have struggled to find the target consistently from open play, increasing their dependence on penalty corners.

Among the forwards, Abhishek has scored twice and Dilpreet Singh once, making them the only Indian forwards to have scored in the team's four matches so far. India head coach Craig Fulton acknowledged the situation but insisted his team still has a chance to remain in the semifinal race.

"We have a lifeline to stay in the fight to reach the semifinals. It is quite clear what we have to do. We need the goals, but at the same time we still need to manage our own game and maintain our structure," Fulton said.

Against Argentina, India will need greater movement in the final third, improved finishing and a more clinical approach in front of goal. With their World Cup campaign at stake, the Indian side will have little choice but to attack with intent while maintaining the defensive structure required to keep their slim hopes alive.

BWF World C'ships: An Se Young beats Yamaguchi to claim women's singles crown

NEW DELHI : An Se Young returned to the summit of women's badminton with a statement victory, defeating defending champion Akane Yamaguchi 21-17, 21-14 to claim her second BWF World Championships title in New Delhi on Sunday.

The world No. 1 produced a composed display in a final played at relentless speed, absorbing Yamaguchi's attacking bursts before taking control at crucial moments. The Japanese star, ranked No. 2, repeatedly threatened to turn the contest around, but An's consistency and ability to finish points under pressure proved decisive.

The opening game remained finely balanced, with neither player able to establish a significant advantage. Yamaguchi moved 16-15 ahead after An had led 15-12, but the Olympic champion responded immediately. Four consecutive points, combining precise winners with errors from Yamaguchi, handed An the first game.

Yamaguchi again started strongly in the second, moving 4-2 ahead, but An quickly



shifted the momentum. She moved in front at 7-6 and then created a four-point cushion at 11-7. Yamaguchi briefly reduced the deficit, but An refused to allow another comeback.

A 16-11 lead put An firmly in command. At 17-13, she produced one of the points of the match, winning a long exchange before finishing with a delicate drop that sent Yamaguchi sprawling. Three more points followed, sealing the championship in straight games. The triumph completes a remarkable return to the top for An, who won her maiden world title in Copenhagen in 2023 before becoming Olympic champion in Paris the following year. She took bronze at last year's World Championships in Paris. An also extended her winning streak against Yamaguchi to six matches, improving her overall record against the Japanese to 20-15. She completed her six-match campaign in New Delhi without dropping a game, reclaiming the crown she had lost last year.

Yamaguchi, a three-time world champion, had been seeking an unprecedented fourth women's singles title but was denied by An's controlled finish.

The victory also keeps An as the only South Korean singles player, male or female, to have won a world title.

Harry Kane named Player of the Year in Germany, Vincent Kompany best coach

NEW DELHI : Bayern Munich striker Harry Kane has been named as the Men's Player of the Year in Germany, while Bavarian manager Vincent Kompany won the coach award. While Kane took the men's honour, Giulia Gwinn was named the Women's Player of the Year in a sweep for the club.

Club President Herbert Hainer heaped praise on the winners. "A Bayern double - never before have the men's and women's Player of the Year awards gone to the same club. Congratulations to Harry and Giulia, as well as our coach Vincent. When men's and women's football makes history together, then that's Bayern, making a mark. We're proud of this result," Hainer said in a media release from Bayern Munich.

Kane was in stellar form last season for Bayern as he scored 61 goals in all competitions. He was the cornerstone of Bayern winning a domestic double. The club defended its Bundesliga title and also won the German Cup, with Kane scoring a hat-trick in the latter's final against Stuttgart.

This saw the England captain amass 272 votes in the 659-member yearly poll of the honour organised by Kicker magazine. Teammate Michael Olise was second with 203 votes. Kompany got almost half of the votes for the best coach of the year as he beat previous winner Julian Schuster of Freiburg.

Kane recently won the Golden Shoe award for the second time after his stellar performance in the Bundesliga last season when he netted 36 goals. Bayern CEO Jan-Christian Dreesen highlighted that Kane remains one of the biggest winners currently.

"We saw already with the presentation of the Golden Shoe as Europe's top scorer that there's no getting away from Harry with the big individual awards this year, because he's shone on every stage. "Big congratulations to Harry now on being voted Germany's Player of the Year. He's the first Englishman ever and the first Bayern player for five years - another milestone in an outstanding career. Congratulations as well to Vincent and Giulia. Kane, Kompany, Gwinn - three awards, one Bayern DNA. This historic treble is also complemented excellently by our further top-ten finishes. We're very proud of our teams," Dreesen said.

BWF World C'ships: 'I manifested every day being on that podium,' says Treesa after winning Bronze

NEW DELHI : Indian shuttler Treesa Jolly said she had visualised herself standing on the World Championships podium every day over the last three months, and seeing that dream come true made her historic bronze medal with Gayatri Gopichand even more special.

"I actually manifested every day being on that podium. I think that's somewhere the manifestation, that belief. Every day you dream for that. Every day you visualise yourself manifesting that. I think that you can see it actually happening today," Treesa told IANS.

Treesa and Gayatri went down 21-18, 13-21, 8-21 to the defending champions China's Liu Sheng Shu and Tan Ning in the last four, but their run had already secured India a historic women's doubles bronze, the country's first medal in the event at the World Championships since Jwala Gutta and Ashwini Ponnappa's bronze in 2011.

The Indian duo produced one of the biggest results of the tournament by defeating fourth seeds Jia Yi Fan and Zhang Shu Xian in the quarterfinals to assure themselves of a medal.

Reflecting on the mindset that helped the pair overcome the challenges, Treesa said she had learned to strike the right balance between aggression and calmness.

"I feel like this time, this tournament, I was converting into calmness and aggressiveness. When I need the aggressiveness, I just need to use that. When I need to be in a position where I need to handle the situation, I just need to be calm," she said. "I think that changed in me. That helped us too. I think playing with Chinese and all, you cannot give easy points. You need to be alert from the first to the 21st point," she added.

That approach was evi-



dent throughout their campaign, particularly in the quarterfinal against the fourth-seeded Chinese pair.

"I think that's what we did here. We were so alert, and we were not ready to give any easy points to them. In our mind, it was like they needed to struggle to get points from us. I think that really worked. When we played the quarterfinals, at the end of the game, actually the Chinese cracked because we were so alert and we were not giving points away. That really helped us," Treesa said. Against Liu and Tan, Treesa and Gayatri started strongly and took the opening game 21-18 after a tense battle. The Chinese duo responded by winning the second game 21-13 before dominating the decider 21-8. Despite falling short of a historic World Championships final appearance, Treesa said the medal was something she would cherish for the rest of her life. "This is kind of a dream come true. Arjun Award, being a World Championship medallist. I think this is an amazing week. I think in my life, I always cherish.

Junior golf clinic opens GC Open Caddie Welfare Championship in Pune

PUNE : Olympian Udayan Mane, two-time IGPL-leg champion Aman Raj, Aadil Bedi and Tushar Pannu conducted a clinic for junior golfers and club members to kick-start a Caddie Welfare Golf Championship 2026 at The Poona Club Golf Course on Sunday. The clinic was organised by ATRI Mumbai Garudas GC, currently the No. 1 ranked team in the IGPL League. The clinic served as the curtain-raiser to a championship built around giving back to the caddies who carry the game.

The session was led by two-time IGPL champion Aman Raj and Olympian Udayan Mane, joined by Asian Tour professional Aadil Bedi and breakout talent Tushar Pannu. The four professionals worked with junior golfers and club members on technique, course management and the fundamentals of tournament play, while team owners Rishabh Kishore and Smruti Kishore interacted with young players and their families.

The clinic was followed by a press conference unveiling the Caddie Welfare Golf Championship 2026, with all four professionals available to the media alongside team owners Rishabh Kishore and Smruti Kishore, who spoke about the purpose behind the initiative. The main event took place on Sunday, with 200 golfers competing in a team scramble format featuring three amateurs and one professional per team, completed by a single handicapper or caddy pro. Every player teed off in support of the caddies who work the course.

Explaining the team's commitment, Rishabh Kishore, Co-Owner, ATRI Mumbai Garudas GC, said, "Our caddies carry more than our bags; they carry the game itself, often without recognition. Partnering with The Poona Club is our way of putting belief into action, with all four of our players on the ground. Together with our partners, our goal is to build this into a sustainable annual platform where the golfing community can give back to those who give so much to the game." Placing the initiative within the league's wider ambitions, Uttam Singh Mundy, CEO, IGPL, added, "Initiatives like the Caddie Welfare Golf Championship reflect exactly what we want the IGPL ecosystem to stand for: professional golf that lifts the entire community around it. Having ATRI Mumbai Garudas GC front this cause alongside The Poona Club sends a strong message about the values our league represents."